

BRISTOL HAEMATOLOGY AND ONCOLOGY CENTRE - MOLECULAR RADIOTHERAPY UNIT









THIS ADVICE IS PERSONAL RADIATION PROTECTION FOR THE PATIENT ONLY MRT (OFFICE HOURS) 0117 342 2694

Summary of Radiation Protection for I-131 treatment for benign thyroid conditions

ADVICE	400MBq	600MBq	800MBq
Keep > 1 metre away from other people. Do	Day 0- 11	Day 0 -14	Day 0- 16
not sleep with your partner			
Mix with adults as usual, and children over 5	Day 11-16	Day 14-20	Day 16-22
yrs, but continue to keep >1m away from			
pregnant women and children <5 years			
Mix with adults as usual, and children over 3	Day 16-21	Day 20-25	Day 22-27
yrs, but continue to keep >1m away from			
pregnant women and children <3 years			
Keep yellow radionuclide card with you at all	21 days	25 days	27 days
times, and wear the wristband			
Keep yellow card after precautions have	6 months	6 months	6 months
ended, take with you, if you leave the UK			

Document Title: MOLECULAR RT UNIT – Summary of Radiation Protection for I - 131	Document Number:	Version Number:	Issue Date:
	F 8.10.36	3	June 2020
Author:	Authorised by:	Issued by:	Page Number:
S. Cowley/ D. Griffiths	P. Jacobs	D. Ashurst	Page 1 of 1