

July/August 2018

Special edition:
Celebrating 70 years of the NHS

NHS
University Hospitals Bristol
NHS Foundation Trust

Voices



7-tea years!

Celebrating 7-tea years of
the NHS p6-7

3,855 babies and counting p8

Our history in pictures p10-11

Respecting everyone
Embracing change
Recognising success
Working together
Our hospitals.



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Outstanding ☆



IN THIS ISSUE



Welcome to the NHS70 edition of Voices.

The NHS holds a special place in many people's hearts and in this edition we take a fun look back at some archive photographs, look at some moments in time from past Trust magazines, and look at some of what we have achieved in recent years. I hope you enjoy this wander down memory lane.

As part of our celebrations of 70 years of the NHS we asked staff, patients and families what the NHS means to them. The answers were many and varied but what's clear is that the NHS is dear to all of us. As we work together on the next 70 years, working together to improve our services for patients, ensuring we work efficiently and support our colleagues, let's remember what the NHS means to us.

I hope you enjoy this special edition.

Fiona Reid
Head of communications

Chat to us:

@UHBristolNHS using our hashtag #ProudToCare
 University Hospitals Bristol NHS Foundation Trust



Ruth Watkinson @roofio2

I love the inspirational families and children I get to care for, the fantastic people I work with and knowing the NHS is there if I ever need them
[#WhyILoveTheNHS](#) [#NHS70](#) [#Bristol](#)



Charlie Pope @popey__

4 months ago, after weeks of amazing care from the NHS, our twins were safely born, then cared for the SCBU. We're unable to fully express our gratitude to all on Fetal Medicine Unit, [@BristolNHS](#) [@CotsForTots](#) Actual life savers Happy bday [#NHS70](#) - here's to another 70!



Travel Options 4u BOA @travelloptions4u

Thank you to the [@UHBristolNHS](#) [#NHS70Birthday](#) for saving our boy's life and heart in 2008 we are so grateful and always will be in your debt! A reason why his dad now rocks in the NHS Heros to give back! 10 years I didn't think we would have together. Thank you xx



Dan Magnus @drdanmagnus

The fabulous rocket man welcomed us to [@UHBristolNHS](#) children's hospital this morning for Elia's surgery thanks [@GromitUnleashed](#) [@thegrandappeal](#) [#GU2](#)

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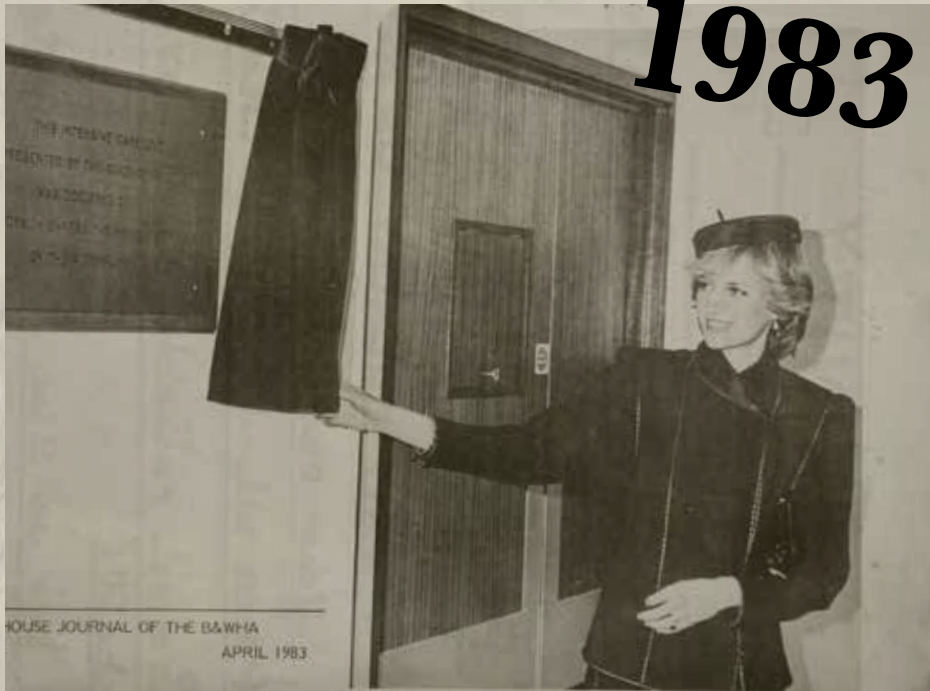
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Stories from the NHS ARCHIVE

Princess of Wales opens new paediatric intensive care unit



1983

The moment that everyone had been waiting for finally arrived on Friday 4 February when Her Royal Highness Princess of Wales visited the children's hospital to open the new paediatric intensive care unit.

The Princess made more than just an appearance at the children's hospital in February. Arriving in style, the Princess stepped out of a gleaming limousine in a dark green velvet suit and A-line skirt, with a pillbox hat decorated with beautiful ostrich feathers.

She was greeted by Charles Clarke, Chairman of the Authority, Peter Smith, Lord Lieutenant of Avon, the Lord Mayor and Lord Mayoress and the hospital's district administrator Vincent Harral, not to mention the 2,000 spectators outside and all the hospital staff keenly waiting to get a glimpse of the magical moment. She was then taken on a tour of the hospital.

The programme was organised by Peter Emery, unit administrator, who received compliments for his spectacular organisation – well done Peter!

* This information was taken from an article in a 1983 edition of Horizon magazine.

Fasting for Funds

FASTING FOR FUNDS 1981

It gave me tremendous pleasure to receive from George Bennett the magnificent sum of £94 which he raised by a sponsored slim during July. George obviously felt that there was a need to reduce his girth and hit on the idea of having a Sponsored Slim in

A big thank you to Mr Bennett who raised the sum of £94 during his sponsored slim in July. Mr Bennett felt the need to significantly reduce the size of his waist, shedding a staggering 2st. 2lb, also using the opportunity to raise vital funds for the children's hospital. The £94 raised by Mr Bennett will be used to purchase a Blood Sugar Monitor at the children's hospital. Well done Mr Bennett!

* This information was taken from an article in a 1981 edition of Horizon magazine, the Trust's newsletter at the time

Electronic 2001 Patient Record

A ward sister and a colleague from IM&T are members of the group looking at the implementation of electronic patient records. They have been to a demonstration of three potential systems, which was attended by 150 people from various Bristol and Somerset trusts. Options include a system which uses hand held scanners for doing drug rounds.

* This was taken from Grapevine, UH Bristol's staff magazine in 2001. 16 years later, UH Bristol is named one of ten acute hospital trusts to be named a Global Digital Exemplar and lead pioneering healthcare IT improvements.

The visit of Her Majesty the Queen and His Royal Highness the Duke of Edinburgh to the Bristol Royal Infirmary

"The visit of the Queen and the Duke of Edinburgh was not only an important occasion but a very successful and happy one, and we felt it justified a special edition of Gazette. As those seven hundred members of the staff who lined the route will know, this was a most informal, relaxed and cheerful visit, and the Queen and the Duke of Edinburgh were able to talk informally to numerous members of the staff and gain some impression of the work of those they met and the role that the

United Hospitals play in the provision of healthcare in the area. It is appropriate to mention that before she left, the Queen told the Chairman of the Board that the fine spirit that existed in our hospitals was very clear to her and that she was most impressed by it. The royal visitors were pleased that staff had come in from all of the other hospitals to see and meet them, and this was truly a visit to the Group and one that we hope will be long remembered with pride and satisfaction."



* Excerpt from the Gazette – The official bulletin of the United Bristol Hospitals, 30 August 1973. The Queen was visiting the Trust to officially mark the opening of the newly built Queen's Building, an extension of the King Edward VII Memorial Building.

The Grand Appeal celebrates 21 years of support and launches third arts trail!



Follow The Grand Appeal on Facebook, Twitter and Instagram @thegrandappeal

Since establishing in 1995, The Grand Appeal has worked in partnership with Bristol Royal Hospital for Children and St Michael's special care baby unit to support the world-class care given to young patients from across the South West and beyond.

Throughout their much-loved charity arts trails Gromit Unleashed and Shaun in the City in 2013 and 2015 respectively, the charity has raised over £6million to fund life-saving medical equipment,

world-class facilities, pioneering research, family accommodation, and patient and family comforts. This summer its third trail, Gromit Unleashed 2, is raising vital funds and awareness of the excellent care provided throughout the hospital.

Through a nine-week campaign, entitled 'GU2: Behind the Scenes at Bristol Children's Hospital', The Grand Appeal is championing a range of different wards, departments and services at the

hospital. The series will feature on The Grand Appeal's website and social media channels, providing insight into the cause behind the trail, informing readers of the life-changing work that goes on behind the doors of the children's hospital every single day, and inspire trail fans to donate.

Join The Grand Appeal as it celebrates 70 years of the wonderful NHS and promotes the life-saving work in one of its leading children's hospitals.

From your chief executive



In July, the nation celebrated the 70th anniversary of the world's largest publicly funded health service, which is now a team of 1.5million staff dealing with 700,000 patients every day. That's called recognising success.

At its birth, Aneurin Bevan was determined that the NHS should "universalise the best" and that care should be based on need, rather than the ability to pay. Seventy years on, the range and scale of the recent celebrations showed how the NHS remains deeply symbolic of the kind of caring and compassionate society we all want to live in.

Here at UH Bristol, we were privileged to hear some personal stories from patients, their families and the wider public and their great appreciation that the NHS "is filled with people who care and always go the extra mile," as well as from individual staff acknowledging that "it has given me an amazing career."

At the same time, we were reminded of Aneurin Bevan's prediction that the health service "must always be changing, growing and evolving," - so much so that "it must always appear to be inadequate." As we know, time does not stand still: the needs of our aging population are radically different to what they were seventy years ago, as are the medical techniques and technologies we have at our disposal - the pressure on all of us working in the NHS to keep embracing change will not slacken.

As part of our system leadership role in Bristol, North Somerset and South Gloucestershire, we are working together with colleagues in the Clinical Commissioning Group (CCG) and councils, in primary and community care services and in our neighbouring hospitals, to determine how the NHS can continue to serve local people successfully for years to come, despite increasing demands and financial pressures. That's causing us to ask some fundamental questions about the way that we currently provide care and organise services. How can hospital specialists work most effectively with GPs and others to keep people well? Are there better ways to give advice and support to patients, especially those with chronic conditions, than multiple outpatient visits? What should the role of hospital clinicians be in supporting people's mental health as well as their physical needs - or in educating them about how to look after themselves? Could we create single teams across local hospitals, using standard approaches and the same information systems and, if we did, would that improve the care that patients receive or their experience of the health service?

Our partnership with Weston Area Health NHS Trust is a prime opportunity to explore answers to some of these questions. We should embrace such opportunities as the stimulus to thinking about our place in the wider nexus of care and open ourselves to ideas about doing



My thanks go out to all staff for all that they do for patients, for our services, our hospitals and this Trust. I am proud to work with you.



things differently but better, which is the point of the big strategic review taking place in divisions over the summer. I know that it's an enormous challenge to try to shape the future at the same time as we are delivering today's services to the best of our ability. But no-one is better placed than us to determine our own destiny.

With best wishes,

Robert Woolley, chief executive

Celebrating 70 years of the NHS

Thursday 5 July marked a massive milestone for the National Health Service. Our NHS turned 70, and UH Bristol hosted a party in its Bristol Royal Infirmary to celebrate the national treasure. In a very UH Bristol style, the party was full of tea, beautifully decorated cake, and not to mention a bit of dancing!

The party was a successful collaboration between UH Bristol, our hospital's charity Above & Beyond and the Royal College of Nursing.

To illustrate just how many people attended, over 1,000 scones (cooked by Royal College of Nursing representative Jeanette Jones), 3,000 cupcakes, 20 litres of gelato, 12 litres of apple juice and four big birthday cakes were consumed throughout the day.

Staff waited patiently for a slice of cake and delicious Italian ice cream, courtesy of Swoon Gelato, while bobbing along to a joyful ukulele band, the Thornberry Ukaholics.

Jeff Farrar, Trust chairman, gave two speeches throughout the day. Catching up with him after the event, he said: "It's been a pleasure and a privilege to be the chairman of the Trust at such a milestone in the history of the National Health Service."

He was joined by Chris Monk, Above & Beyond trustee and retired consultant cardiac anaesthetist at UH Bristol, who personally thanked the NHS, including UH Bristol staff, for all the support it has provided to himself and his family, while pledging the continuous support of the charity.

Attendees also included the Lord Major Cllr Cleo Lake, and Deputy Lord Lieutenant of Bristol Meg Thomas.

As you can see from the photos, the party was attended by an array of staff, from porters to occupational therapists, nurses to post room staff, consultants to members of the finance team, all uniting together to celebrate our NHS.

A big thank you to the organising team, the Royal College of Nursing, Above & Beyond, Swoon Gelato, Bradley's Juice, the Thornberry Ukaholics, the catering team, cleaning teams and the DeliMarché staff.





“
It was great to see so many people from across the Trust and have a chance to listen to their experiences and their pride in working for the NHS. I'd like to personally thank everyone who contributed to the day, especially Nettie for baking 1,000 scones; I've threatened to enter her into 'Bake Off' next year!
 Jeff Farrar
 Trust chairman
 ”



“
I would like to pass on a massive thank you to everyone who was involved in the celebration, particularly Above & Beyond. It was really good fun! It's great to take some time to appreciate the wonderful organisation in which we all work.
 Jana McClelland
 Assistant general manager
 ”

South Bristol Community Hospital joined in on the action by hosting a tea party on Tuesday 3 July. Thanks to Above & Beyond and Asda, there was plenty of cake to go around. Staff and volunteers enjoyed a look back at some archive images of our hospitals throughout the years, and shared their reasons why they love the NHS.

3,855 babies and counting



The MLU team posing with the birthing pool, new five years ago!

That's how many babies have been born at the Midwife Led Unit (MLU) at St Michael's Hospital since the facility opened its doors five years ago. The MLU is a small co-located birthing unit designed to be a home-from-home with two birth-pool rooms and two smaller rooms – each designed to create a tranquil birthing experience.

The unit cares for labouring women in a calm, relaxing and safe environment, which is removed from medical intervention.

Funding for the unit was secured in 2012 following a maternity services review in which local women called for improvements to Bristol's midwifery-led services. An increasing birth rate at the time also meant there was a need for extra capacity.

It was officially opened on 13 June 2013, by the late actress and star of the old Oxo adverts, Lynda Bellingham.

With approximately 750 births a year, the MLU has relieved the Central Delivery Suite of low-risk labour care.

Additionally, admission to the postnatal wards from the MLU is low – as most women are able to go home after delivery. By providing continuity and one-to-one care, both in labour and post-delivery, women leave for home feeling empowered and ready to start their journey as a parent.

The opening of the unit has enabled women with a complication-free pregnancy to decide where they would like to go into labour and birth their baby. It gives women who prefer minimal intervention the opportunity to take control of their birth experience. Place of birth is an imperative part of pregnancy and the option of the MLU at St Michael's promotes power and control for women.

Most women who choose the MLU use the birthing pool at some stage in labour; the water has excellent analgesic properties, though the MLU is able to offer a range of analgesia to suit most needs.

As each shift on the MLU is covered by two experienced midwives, it can

provide true continuity of care. From the very first phone call a woman makes she has contact with the same midwife from admission to discharge home. This is an invaluable part of midwifery-led care and positively impacts upon birth, neonatal outcomes and patient satisfaction.

There are eight midwives that make up the MLU core team and they each express how much they enjoy working autonomously and the pleasure they receive from providing such good quality care to the women of Bristol. Labour care is a specialist art and it is the role of the midwife to ensure the safety of both mother and baby. Working on the MLU empowers midwives to utilise their skills and experience to provide safe care.

Feedback from women and their families has been overwhelmingly positive. They have commented on the beautiful delivery rooms and the attentive and caring manner in which the midwives looked after them.

How dementia care has transformed during the lifetime of the NHS



Rachel Price and the dementia team host a dementia support café every second and fourth Tuesday of the month

Since the NHS began in 1948, dementia care has changed significantly, alongside increasing interest from the media and public. However, there is still stigma associated with dementia and how society responds to the person living with the disease. UH Bristol’s lead dementia practitioner Rachel Price sheds a light on the transformation of dementia care in the past 70 years.

Dementia is an umbrella term to describe a set of symptoms. With over 100 sub-types of dementia, the neurological, degenerative disease is currently incurable. In 1906, Dr Alois Alzheimer described the first case of Alzheimer’s disease following a brain autopsy of a patient with symptoms such as memory loss and delusion, but it wasn’t until the 1960s that assessments were created to allow researchers to measure cognitive decline in older adults.

A cure for dementia remains elusive as there are many causes. However, there have been developments in medication that help alleviate some of the symptoms and slow the progression in Alzheimer’s disease. Research is increasing, with studies focusing on different areas; from the biological changes in the brain to medication trials, and alternative technology to support those living with dementia.

Dementia care in hospitals has transformed over recent years. Even in the NHS’s lifetime, dementia wasn’t always recognised or treated as it is today – many patients were

once cared for in asylums or in elderly mental infirm units.

In 2009, the first national Dementia Strategy was launched which set out new standards for dementia care. In 2012, the Dementia Challenge was launched by former UK Prime Minister, David Cameron, focusing on three main areas: bringing about improvements in health and care, creating dementia friendly communities and improving research. For hospitals, it led to changes in our approach. We started to screen all patients aged 75 years and over, who are admitted as an emergency, for dementia and delirium. This has contributed to an increase of patients aged 75 years and over who are admitted as an emergency.

The Trust has made progress in creating dementia-friendly environments, using colour in ward areas, improving signage and making small but impactful changes such as introducing calendar clocks on our wards.

All staff undergo regular dementia training, with additional training for “Dementia Champions”, who help to

raise dementia awareness amongst staff across the organisation. The Trust has introduced projects such as patient activity boxes and therapy dogs, which have all contributed to the changes in our approach to how we care for patients with dementia.

Utilising the “All about Me” tool, a document that enables a patient and their family to provide staff with a better insight into the patient’s holistic needs, helps staff to care for the patient in a more person-centered manner.

Recently, awareness of carers and their needs has been increasingly recognised as vital in the care we provide to dementia patients. Many trusts, including UH Bristol, have signed up to ‘John’s Campaign’, which supports carers of someone with a dementia.

Dementia care isn’t confined to one area of health and social care; collaborative working with other agencies, from a variety of sectors, is important to ensure that the pathway is seamless for patients and their carers and keeps them at the centre of it all.

OUR HISTORY IN PICTURES

Our history in pictures

With special thanks to the Bristol Archives, we have dug up some fantastic photos that show our hospitals through the ages.





Bristol Archives images references:
40826-AER-16, 40826-PUB-29, 40826-PUB30,
40826-PUB-15, 40826-PUB-25, 40826-PUB-26, 40826-PUB-80

Celebrating International Nurses' Day and Day of the Midwife

International Nurses' Day has been celebrated around the world on 12 May since 1965. It is a great opportunity to say thank you to UH Bristol nurses and midwives who are at the heart of providing exceptional care to patients and their families.

Registered Nurse/ Midwife of the Year

Winner – Debbie Ottley, clinical nurse specialist, liaison psychiatry, Bristol Royal Infirmary

As a true champion of delivering high-quality, personalised mental health care throughout the Trust, Debbie shows great care and compassion to patients in emotional distress. As well as her role as a liaison psychiatric nurse, Debbie is a key player in the award-winning high-impact user group, which she now coordinates. Providing teaching and training to healthcare professionals both inside and outside the Trust, Debbie enhances the skills of the wider community to ensure that others can deliver compassionate care to patients with mental health issues.

Highly Commended – Clemency Saville, staff nurse, A522; Ancy Vinoy, staff nurse, Queen's Day Unit, and Jane Beauchamp, senior staff nurse, Bristol Royal Hospital for Children



Nursing and Midwifery Team Award

Winner – Ward C805 Nursing Team

Each and every member of the C805 nursing team goes above and beyond to ensure their patients have a positive experience in their care. The team forms a strong network, in which they welcome new staff to ensure they feel well-supported. The ward was recently used to pilot the new electronic prescribing and medicine administration (EPMA) system, IT software that enables clinicians to prescribe electronically, which is a big change for the Trust. The team embraced change, provided constructive feedback, listened and worked hard, all with great determination, making them the perfect team for the pilot.

Highly Commended – Extra Corporeal Life Support Team and the Hospital Discharge Nursing Team



Rising Star Award

Winner – Charlotte Kidner, staff nurse, C708

Only beginning her journey on ward C708 just over a year ago, Charlotte's infectious energy and motivation has had an immensely positive impact on the staff. Always providing ideas to improve practice, her determination to deliver outstanding patient care at all times is undeniable. Charlotte supports her team to implement any changes with enthusiasm and fantastic leadership.

Highly Commended – Mena Telfer, nursing assistant, Meadow Ward and Rebecca Swinback, clinical skills facilitator



To mark International Nurses' and Midwives' Day 2018, UH Bristol was due to host its annual award ceremony. Unfortunately, due to an electrical fire in one of our buildings, the celebrations were unable to go ahead as planned, but the Trust made sure that each and every winning nurse was still presented with their well-deserved award.

In the year that the NHS turns 70, it's important to recognise the diversity of roles that nurses and midwives perform to contribute to the delivery of outstanding healthcare at the Trust and in the NHS as a whole, which is why this year a new award category was introduced - Bank Nurse of the Year.

Each year the award ceremony has been supported by our hospitals' charity, Above & Beyond, which also supports the annual nursing scholarships, post-registration education awards and nursing long service badge awards.

Paul Kearney, chief executive of the charity, said: "Nurses' Day is a hugely important day in the calendar and it's a privilege for Above & Beyond to be a part of the awards. It's fantastic to recognise the extraordinary and inspirational staff and the work they do to care for and support patients, especially in the NHS' 70th year."

The awards were presented to each nurse and team in their clinical areas by Jeff Farrar, Trust chairman, Carolyn Mills, chief nurse and other divisional senior leaders.



I would like to thank all those who received awards this year and all those nurses and midwives working in the Trust for their continuous commitment to the delivery of the highest standards of care possible, listening to the people we care for and always striving to develop and improve the services we provide. As the NHS marks its 70th birthday we want to celebrate the vital contribution that nurses and midwives have made and will continue to make to its success.

Carolyn Mills
Chief nurse



Inspirational Leader Award

Winner – Sarah Johnson, ward sister, Apollo 35 Ward

Sarah runs a ward that can present the most challenging circumstances, being a transient home to young people who are often going through extremely stressful and distressing times. Always working in the best interests of patients and their families, Sarah has taken a strong leadership role in developing and improving the delivery of safe and compassionate mental health care for young people admitted to the ward and elsewhere in the hospital.

Highly Commended – Sheena Vernon, congenital heart disease network lead nurse; Juliet Cox, head of nursing, Division of Surgery, and Fern Jameson, ward sister, Lighthouse Ward



Nursing/Midwifery Assistant of the Year Award

Winner – Graham Tarling, nursing assistant, Meadow Ward

Graham's caring nature has supported his progression from a porter to a nursing assistant. His cheery, kind and empathetic attitude puts children at ease, making potentially traumatic and scary experiences feel like fun. Graham is an excellent team player, working well with all specialties. His ability to get magic cream on the most reluctant of patients has been described as 'legendary'. Although some of the team might not be too fond of the fact he's an avid Bristol Rovers fan, he's seen as an absolute pleasure to work with.

Highly Commended – Asma Habib, rheumatology department; Jackie Morris, ward 76 and Sarah West, advanced care observation team leader



Bank Nurse of the Year

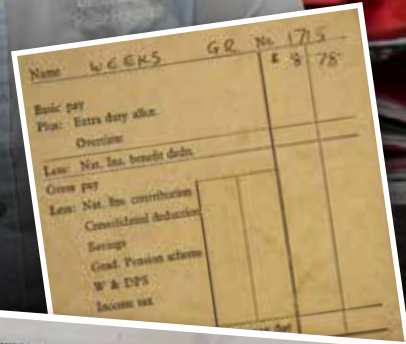
Winner – Jennifer Macdonald, clinical nurse specialist, liaison psychiatry

Jenny is consistently available at short notice, bringing with her extensive psychiatry experience and highly competent nursing skills. Fitting right into the team, she is able to provide support and training to both new nursing and medical recruits. Modest and warm, Jenny shares her wealth of knowledge with others to help them improve their skills and abilities, never taking any credit



Back in 1973

UH Bristol's post room supervisor reflects on 44 years in the NHS



For some, 1973 might be the year that Sunderland beat Leeds in the FA cup, the year that David Bowie killed off Ziggy Stardust, or the year The Exorcist gave them nightmares that would last a lifetime. But for 19-year-old Graham Weeks, 1973 was the beginning of what would be a 44-year long career in the NHS. Once upon a time a postal courier in the Bristol Royal Infirmary's (BRI) Old Building and employed by United Bristol Healthcare, Graham now supervises the post room based in the Trust's BRI. Tasmeen Warr reports.

The post room has seen much change since the creation of emails, and more recently the Trust becoming a Global Digital Exemplar has bought more change by making many of our paper processes digital. Nevertheless, the post room remains at the heart of the Trust, with a constant flurry of drivers picking up post for our nine sites, Bristol's GPs and hospitals across the rest of the South West.

"The best thing about my role is meeting lots of different people," says Graham. "I see between 30-40 people each day, coming in and out of the post room. I like having a bit of banter with people, having a joke, and also singing along to the radio."

Graham explains he's no stranger to being interviewed, having featured in

the Evening Post in 1991 and also in 'The Grapevine', our hospital's magazine in 2001. He told the Evening Post he had a weekly take home pay of £85, and that he liked his job as long as he never missed a Bristol City home league game. "I've not missed a Bristol City home league game since 1965," a dedicated Graham tells me.

When asked about his proudest achievement, Graham responded, "Sir Robert Bannister, doctor and athlete who achieved the first four-minute mile, used to sometimes lecture at the BRI. Once I was waiting next to him at the traffic lights, and I thought, if I beat him down the street then I can say I beat Roger Bannister, and I did! Even though he didn't know we were racing, I still consider it a big achievement."



The NHS has kept me as sane as I'll ever be. In the NHS we strive to treat everyone equally which is fantastic, we all work as one team, and that should never stop

Graham Weeks
Supervisor in the postal room



Graham retired three weeks on from our meeting, but couldn't stay away from his NHS career and has now returned to the same role at the Trust.

How Jacqueline and the team led the way in children's bone marrow transplant

Dr Jacqueline Cornish OBE was born in July 1948 - three days after the NHS - so she is truly one of the original Bevan Babes. Jacqueline is the National Clinical Director for Children, Young People and Transition to Adulthood with NHS England. But her journey in the NHS began in Bristol where she and her colleagues led pioneering advances in children's bone marrow transplant (BMT). John Kirk met Jacqueline, who now advises the children's hospital once a week in addition to her national role, to find out more.

They were pioneering in the development of an Alternative Donor Transplant Programme, and their outcomes in the transplant of children with high risk acute lymphoblastic leukaemia using unrelated donors set a gold standard which has not been surpassed.

Jacqueline recalls vividly the first time the team embarked on the procedure.

"We knew that the potential for toxicity was likely to be far greater with an alternative donor than if we were using a family match," she said. "And there is only a one in four chance that a brother or sister will be a full tissue match for their affected sibling."

Their technique - involving T-cell depletion in the recipient patient to minimise the risk of major complications such as graft versus host disease - yielded significant success.

In 1996, they published the results of the first 50 procedures at the children's hospital involving unrelated bone marrow donation in young patients experiencing a second complete remission from relapsed acute lymphoblastic leukaemia.

Their paper in the British Journal of Haematology revealed that the proportion of those patients to have survived 'event-free' for two years post-transplant stood at 53% - similar to the best results previously achieved by doctors using bone marrow cells from fully matched siblings.

Since then, Jacqueline says there has been a significant improvement in many aspects of the transplant programme, particularly in expanding the range and specificity of supportive care. They have also expanded the "donor pool" now to use cord blood donations and also the use of half mismatched family or haploidentical donors.

Thanks to the achievements of the Bristol team and others working in the field, children are no longer at risk of being denied a bone marrow transplant purely because there is



My colleagues and I launched a Stem Cell Transplant Unit at the Bristol Royal Hospital for Children (BRHC) in 1986 which grew over the years to become nationally and internationally recognised as a centre of excellence

Dr Jacqueline Cornish OBE



no perfectly matched donor. The unit at the Bristol Royal Hospital for Children (BRHC) now transplants children not only for haematological malignancy but also for Inborn Errors of Metabolism and Bone Marrow Failure syndromes with referrals from many areas in England, Northern Ireland and South Wales, and from overseas as well.

Jacqueline said: "I'm proud to have been part of such pioneering work, working with a wonderful, dedicated and committed multidisciplinary team - this remains the greatest privilege of my professional life. It's fantastic to see the current unit continuing to be so well renowned for its work and making such a tremendous difference to so many children."



Happy 70th birthday NHS!

As the NHS turns 70, we look back at the history of Above & Beyond and some of the key projects our supporters have funded for Bristol's city centre hospitals.

In 1735 the Bristol Royal Infirmary (BRI) was the first voluntary hospital to be established in England outside London. The cost of running the infirmary was paid for with donations from a group of wealthy Bristol citizens. Even after the introduction of the NHS in 1948, Bristol continued its proud tradition of charitable support. On 1 April 1974, Above & Beyond began life as 'The Special Trustees' - set up as the official charity for UH Bristol. Here are some of our highlights...

1980

A fundraising lottery is launched in association with the 1980 Grand National. The legendary horse race winner Red Rum visited Bristol to help promote it. In 2016 we relaunched the lottery which you can still play today – sign up via our website.



1997

The first medical video conference took place on 12 June 1997 thanks to funding of an innovative diagnostic system at Bristol Eye Hospital. It was between consultants in Bristol and the Tun Hussein Onn National Eye Hospital in Kuala Lumpur.

2002

In 2002, the Balloon Corridor was created in the BRI link corridor. The hand painted mural features hot air balloons over the Bristol skyline – each featuring the name of one of our supporters.



2015

70 cyclists set off for the first Bristol to Paris Cycle Challenge. In the first year they raised £100,000 for isolation rooms for Cystic Fibrosis patients in the BRI. Since then avid cyclists have set off every year, raising funds for a number of different projects, including a cardiac scanner in the children's hospital. Visit the Above & Beyond website to find out more about joining the 5th anniversary ride in 2019!



2016

The £6million Golden Gift Appeal, our biggest ever appeal, reached its target. Funds enabled the creation of the first adult bone marrow transplant unit in the south west, refurbishment of the haematology ward in the Bristol Haematology and Oncology Centre (BHOC) and transformation of the BRI.



Why Above & Beyond supporters are saying thank you

We asked some of our supporters why they're thankful for the NHS here in Bristol.

Joan Pepper said...

"Without the NHS my husband Matt wouldn't be here today. When he had a heart attack in 2004 he was brought into the BRI, where he had another attack.

"It was Professor Angelini and his team who treated Matt and they were absolutely brilliant. They didn't only look after Matt, they looked after the family as well. Nothing was too much trouble.

"I can't fault the NHS!"



Philip Nunnerley said...

"I had a cardiac arrest in September 2015 immediately after the Rugby World Cup opening ceremony at Twickenham. Fortunately, standing next to me on the bus returning to the park and ride was a GP and his wife, a fracture nurse. They recognised the condition and applied CPR until the bus got back to the car park where an ambulance crew took over. I was resuscitated and transferred to St Peter's, Chertsey.

"On discharge I undertook the rehabilitation programme at the BRI.

"In the summer of 2017 I woke in the night with tightness in the chest and was taken by ambulance to the BRI. A full set of tests – blood, ECG, x-rays and an angiogram were undertaken over three days to confirm that the condition was not because of further heart problems.

"The staff were determined to put care at the forefront of their duties. The NHS is an institution of which we here in the UK can be justly proud."

Tom Winchester said...

"Both me and my mum have received excellent care from the NHS – being treated for a brain tumour and cancer respectively.

"I'm aware that not everyone that is treated by the NHS has a happy ending, but I'm sure that everyone who has witnessed their care and support can agree with me when I say that I am proud of the job they do.

"Due to surviving and recovering from my brain tumour at the age of five, I wanted to give back to the doctors and nurses for saving my life. So I set out to raise £5,000 for Above & Beyond for my 10th anniversary of being tumour free in 2015.

"Now I have raised £6,500 for Bristol Royal Hospital for Children, going towards making the experience as good as possible for families with children in a similar position to five-year-old me.

"So here's a massive thank you to the NHS for all of the fantastic work they've done, not just for me, but for us as a nation."

**Tom raised:
£6,500 for the
Bristol Royal
Hospital
for Children**



What the NHS means to our governors

As the NHS celebrates its 70th birthday, we asked members of the UH Bristol Council of Governors to share their experiences of working in the NHS and receiving its care, past and present.

Siobhan Coles, Youth Involvement Group Governor, adds her thanks to the NHS for the care she has received as a patient and looks to the future:

"Happy 70th birthday to the amazing NHS, where would we be without you? It is remarkable to be celebrating 70 years of the care and treatment the NHS has provided to a nation of people. The NHS has come a long way in the nearly 20 years it has been part of my life, treating and keeping me alive and well with my cystic fibrosis. The advancements in medicine and care have and continue to be ground breaking. I hope for the future that the NHS continues to be incredible, caring and saving lives every day and that everyone remembers what a blessing and privilege it is to have the National Health Service. Thank you!"



Siobhan Coles,
Youth Involvement Group Governor

Carole Dacombe, Public Governor for Bristol, worked as a hospital doctor, a GP and palliative care specialist during her career:



"I was born in 1953, so belong to the first generation of children born and brought up supported by a free-at-the-point-of-contact National Health Service, something that was just a dream for my grandparents and parents. Having come to Bristol in 1971 to study medicine I enjoyed it so much that I have now been here for 47 years, working in and alongside the NHS here from 1976 - 2015.

"Amazing advances have been achieved during my working life and are ongoing. The successes that are possible now in treating many cancers, along with the surgical advances in cardiac surgery, orthopaedics and neurosurgery and the improved outcomes possible in the management of many chronic illnesses are way beyond what seemed possible when I was a student. But, this has also brought challenges to an NHS that wasn't originally designed to cope with the complexity and diversity of services that are now being delivered and, indeed, demanded by our current society.

"What has not changed, however, is the remarkable level of commitment and enthusiasm demonstrated by the staff who deliver these services."

Pauline Beddoes, Public Governor for South Gloucestershire, worked as a nurse for many years, most notably as ward sister in renal medicine.

"I began my nursing career in 1962 and recall crisp white aprons and starched frilly caps – all laundered by the hospital laundry!"



Class of '62: Pauline is in the top row, third from the left

Our hospitals through the years

Happy 70th birthday NHS!

In 1948, cataract surgery could take ten days of care in the hospital. Now, cataract surgery is an outpatient service meaning that the majority of patients can go home on the same day as their surgery.



When the NHS formed in 1948, the land on which the South Bristol Community Hospital sits was an airfield managed by the former Ministry of Civil Aviation. The hospital opened its doors to the public in 2012.

After serving as an orthopaedic specialist in military hospitals during the Second World War,

in **1952...**
Herbert Kitchener Bourns

became the first consultant surgeon in charge of the BRI's A&E.



In 1966,

Her Majesty Queen Elizabeth,



and the Queen Mother, opened the outpatient building at the former Children's Hospital, which included the University Department of Child Health, supporting research projects in child development, immunology and respiratory disorders.



In 1954, two...
Cobalt machines

designed in Bristol and the first constructed in the UK, were placed into the old radiotherapy department in the Bristol General Hospital to treat cancer. As developments in cancer treatment has progressed, cobalt machines have largely been replaced by the more effective LINAC machines in the NHS; UH Bristol have had two new LINAC machines delivered to the Bristol Haematology and Oncology Centre in the past two years.

In 1988, there were 4 professors and 13 students at the Bristol Dental Hospital. 30 years later in January 2018, there were...



455
students

402
NHS staff

74
University of Bristol staff



In 1995, a technique known as "beating heart" surgery was developed in Bristol to improve post-surgery survival rates, complications and time spent recovering in intensive care. The research was led by Professor Gianni Angelini, British Heart Foundation Professor of Cardiac Surgery at the Bristol Heart Institute (BHI), and Professor Raimondo Ascione, consultant cardiac surgeon at the BHI.

In 1960, **453** new patients were seen at an orthoptic clinic held at the Central Health Clinic, which now provides services such as sexual health and pain management.



In 1998, olympic medallist and TV personality Sharron Davies MBE opened the newly refurbished central delivery suite at St Michael's Hospital. The refurb even included a large birthing pool!



The refurbishment cost:
£750,000

Stewart Cundy

Operations transport
and green travel manager



What is your background and how long have you been with the Trust?

I started my NHS career in Bristol as a driver in 1998 and was based at the former Bristol General Hospital. I came into the NHS because at the time I was moving from job to job with no job satisfaction, so I felt like the NHS would provide me with a positive change.

What does a typical working day look like?

I start my morning by getting on my bike to cycle seven miles to work. When I arrive at work I am able to shower so that I am fresh for the day. I get into the office and check my emails, I then visit the areas that I have responsibility for to see how they are getting on.

The areas that I manage and support are transport, security, residences and portering. I also manage the Trust's car parks. As green travel manager I ensure that the facilities that we provide are the best that they can be given the resources

at our disposal. I am also responsible for the safety of the roads within our Trust.

What's the best thing about your role?

No two days are the same! This is exciting, and means I get to meet a lot of different people.

Have there been any initiatives or projects you are proud to have worked on in your career?

I have worked on too many projects to list around the Trust! But I am proud that I have contributed to make the facilities better for staff, travel better for patients and the roads safer around the Trust.

What keeps you motivated?

A big motivator for me is knowing what I am doing is playing a big part in making a better environment for everybody at the Trust, patients and visitors too.

What's your proudest moment?

As we all remember, the 'Beast from the

East' that hit earlier in the year affected everyone, including hospitals, all over the country. Transport, taking our staff to and from the hospital, played a big part in our operation to ensure that our patients were still receiving the care they needed despite the weather conditions. This shows we are able to adapt to changes and the challenges that arise.

What do you like to do outside of work?

I am a run leader at a local running club. When I am not running or cycling I like to sit down and watch TV, usually on catch up when the children have gone to bed.

Why do you love the NHS?

I love the NHS because every day you see the commitment of all staff striving to make things better for the people that it serves. Whether that is making sick patients better, looking after families or creating a better environment for staff and patients. We are all committed to our roles.