## Summary of IAM domain content considerations

Each of the domains are linked to specific areas to consider, either by a young adult, a professional or in partnership. Each domain is discussed from the overarching 'where I am' in relation to the young adult's specific cancer, their treatment, care plan and prognosis at that time. Thoughts Faith, spirituality & culture Where I am now... Physical & Feelings Wellbeing Religious beliefs Diagnosis Treatment Diet Spirituality Worry & anxiety Cultural considerations After treatment Brainfoe Brainfog Recurrence Hope Fatigue Anger Meaning Transition Physical activity Body image Low mood Comfort Confidence in asking questions Sleep Peace Procedural anxiety Fear Relationships Connection Activities of daily living Stress Community Physical limitations Procedural anxiety Grief & loss Sleep Other patients poor prognosis Fear of recurrence Avoidance Sex, sexuality & fertility Friends, family & Sex & intimacy relationships Sexual health Who else may need support Fertility Changes in relationships Se<sub>xuality</sub> Telling talking to beoble Safe sex on treatment Other patients poor prognosis Colleagues School/college or uni peers Education & work Staying in education & work Staying in touch Letting people know Lifestyle Going back Learning at home/hospital Drugs Alcohol Smoking sap years Rethinking what you want to do physical activity Interests & Housing, transport Health screening social life & finance sun care Doing things you enjoy Sexual health Getting to appointments Peer support Grants Relationships Benefits sleep Adapting activities Wills Vocational aspirations Life insurance Holidays Travel Insurance

Holidays