

PHYSIO DIRECT FOR STAFF



Do you suffer with

Joint Pain?

Muscle Pain?

Spinal or nerve pain?

**Musculoskeletal
conditions affecting
work?**

Physio Direct is a free direct access service available to all staff.

Call Occupational Health to book your telephone consultation
with a Senior Physiotherapist.

0117 342 3400

Available during office hours Mon - Fri

Investing in good health at work

www.apohs.nhs.uk