

## Example supper menu

- Fruit Juice
- Thick Vegetable Soup
- Cheese Omelette
  
- Real Cornish Pasty
- Curried Chicken
- Roast Beef Salad
- Ploughman's Salad
- Salmon Salad Sandwich- white
- Salmon Salad Sandwich- wholemeal
- Egg Sandwich - white
- Egg Sandwich - wholemeal
  
- Potato Wedges
- Creamed Potatoes
- Boiled Rice
  
- Side Salad
- Baked Beans in Tomato Sauce
- Peas
- Gravy
  
- Rice Pudding
- Winter Berry Cheesecake
- Banana
- Fruit Yogurt
- Cheese and Biscuits

