University Hospitals Bristol MHS NHS Foundation Trust



Election to the Council of Governors Public: Bristol

Please read carefully before casting your vote.



INFORMATION

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Dr Carole Dacombe



Why do you wish to carry out this role? The UHB Trust group of hospitals has played an important role in my life for 45 years, since I came to

Bristol to study medicine. I worked in and then alongside the trust as a junior doctor, GP and Palliative Care doctor (at St Peter's Hospice) and have also relied on it as a patient, wife, mother and daughter. During that time I've had the privilege of sharing in the stories of many patients, families and staff and would now love to have the opportunity to support the trust's services and staff as a representative of my fellow Bristol constituents. I have always had a strong belief in the NHS but recognize that it faces enormous challenges at the present time, and feel that we must be prepared to work hard to support our local services. Having retired recently I feel that I can give the time and commitment that this role deserves.

What skills do you feel you bring to the role?

My professional career has given me a wide awareness of both NHS and voluntary sector hospital, community and hospice services; along with their financial and management structures and how they interlink. It has also offered me the opportunity to develop personal communication, listening and teaching skills which I believe will help me to learn about, and then carry out, this role.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Dr Tom Frewin



I have had the great privilege of looking after patients for over 40 years, first as a hospital physician and then as a GP with my own practice.

I now want to give something back by making a contribution to the community. To the role of governor I can bring the skills and understanding acquired over many years as a health professional.

I have good communication skills. For years I have been involved with the media, giving interviews on controversial and difficult issues regarding health and doctors.

I can bring a perspective to the role, built on past experience and direct knowledge of how the health system works. I am able to exercise sound judgement and common sense, as well as diplomacy in holding the non-executive directors to account. I am realistic, with both feet firmly on the ground. But

I am also willing to ask the questions that others might not. I am not afraid to challenge when challenge is called for. I am totally independent.

It is so important that voices needing to be heard do get a hearing. I can act as a conduit for those voices by making sure that views and concerns are appropriately passed on and taken seriously.

I have seen and worked through many reorganisations within the NHS. So I have a memory of the past and a vision for the future. I want to work to help others achieve their vision for improved and excellent healthcare in our Bristol hospitals.

Susan Mehdevy



Why do you wish to carry out this role?

My first experience of the NHS was through my mother who was a Departmental Sister in charge of Outpatients at Frenchay Hospital. She told me many tales of her experiences during the War and in Stoke on Trent as a midwife and a fever nurse. I now feel I should like to contribute in saving and helping this wonderful Institution go from strength to strength, and, at the same time, supporting the dedicated staff and making the patients' stay as comfortable as possible.

What skills do you feel you bring to the role?

With my husband, we provide rented accommodation in Bristol – this provides experience of dealing with people, understanding the legal side and being prompt with property maintenance. I also ran my

own Montessori Nursery in London for 10 years - it was a joy.

I have studied Economics and British Constitution and Open University Foundation Science. This could help the Trust be more environmentally and sustainably aware, and perhaps run more economically. I have taken a great interest in waste technology over these last few years.

Any other information that you feel is relevant?

Whilst understanding the importance and need for mainstream treatments, I feel there should be a space for Alternative Medicines. I have found them very effective over the years and much cheaper. Homeopathy was part of the NHS when it first started in 1947.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Paul Mugford



Why do you wish to carry out this role?

I am incredibly proud of the NHS and all that it does. I strongly believe that if the health community i.e. the Patients, hospitals, GP's and allied services fully recognise the issues we all face, and work closely together, that we can achieve even more.

Like many of us it is likely that my need to use NHS services may increase in the future and I would like to do what I can to ensure that what we need is available when we need it. We can all make a difference and I would like to do my bit by being your voice as a Governor.

What skills do you feel you bring to the role?

Starting as a butcher, becoming a civil servant, moving to banking and, more recently, managing GP surgeries I have acquired a broad range of skills including: -

- Effective major budget management
- Balanced risk assessment not always taking the easiest option
- Sound staff management developing a well trained and committed team
- Strategic planning thinking and planning for the future
- Public engagement listening and responding to the voice of patients, carers and service users

All of these will be made available as, and when, needed.

Any other information that you feel is relevant?

Now, almost retired, I am providing support to the One Care Consortium which is delivering work through the Prime Ministers Challenge Fund across Bristol, North Somerset and South Gloucestershire to develop integrated and responsive 24/7 access to GPs. I am also an adult literacy coach with Read Easy UK and an Appropriate Adult supporting young people taken into custody.

Graham Russell Papworth



Why do you wish to carry out this role?

Two years ago, I suffered a Aortic discetion (I burst my main artery), was blue lighted into the BRI, diagnosed by the A&E team and was then rushed into Surgery for a ten hour operation. A tour of the facilities continued, I was in intensive care in a coma for 3 days, high dependancy for a week and then Ward 52 for physio and plastic surgery – I had to learn to walk again – Great care from all, top team, I should be dead – I want to give something back!

What skills do you feel you bring to the role?

I'm an active charity Trustee, working for two Bristol Charities and am use to advising Exec and Non-Exec Directors.

I'm an Exec Director myself, working as a Finance and HR Director for a World Class Education Software business. So I know what its like to be on the other side of the board table.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Maureen Ann Phillips



Why do you wish to carry out this role?

I am a 54 year old retired solicitor and as a former partner in a large Bristol practice am experienced in running a business. I have lived in Bristol for 49 years. I have recent experience of the NHS as a user, dealing with dementia and strokes, and successfully secured care funding for my parents after appearing at an Appeals Tribunal. I am a great supporter of the NHS and appreciate the impact of financial and organisational restraints. I want to use my experiences to ensure that patient communication is given high priority when many patients are not able, or equipped to ask the right questions. The right information at the right time and involvement in decisions does not have to involve expenditure.

What skills do you feel you bring to the role?

I have good communication skills. I am used to working with others, good at managing expectations and opinions to facilitate reaching a consensus, all skills which were essential in my professional life. I work well with people from all walks of life. I am not afraid to challenge the status quo, which will be essential in the role of Governor and where often there can be a reluctance or excuse to avoid change.

Any other information that you feel is relevant?

In retirement I have the time and energy to devote to the role and to learn how the management of the hospital Trust works. In my spare time I am a netball player, rugby fan and love the outdoors. I am by nature optimistic, there is a solution to most problems!

Dr Bishnu Upadhaya



Why do you wish to carry out this role?

I am passionate about our NHS and how it serves our local community. I will work in collaboration with other Governors, NHS trust members and staff to promote patients need in all healthcare areas and improve access the quality NHS services for our people.

I believe, together we must give our NHS the best possible option to deliver its purpose, focused always needs to patients and visitors, listening to their views and interest will help me advocate for patients dignity, privacy, confidentiality, inclusion, respect and challenge discrimination.

I would welcome the opportunity to influence future healthcare need in our community, holding the trust to account and ensure transparency.

I desire to represent patient's needs to be fulfilled, people's feeling, thoughts, ideas will be recommended.

What skills do you feel you bring to the role?

My experiences (at the Corporate Sector, Healthcare Sector, Clinical Governance, Social Sector and Business Sectors) across many specialities give me a strong background and great understanding to make our NHS more efficient.

Having a PhD in Psychology and Doctorate in Health Sciences and experiences on various projects in the Asia, America and Europe I have a willpower to fulfil my duty and responsibilities.

I have worked in strategic and operational areas in various organisations. Given the opportunity I will effetely represent my constituency.

Any other information that you feel is relevant?

I have strong communication, team working, analytical skills, and good understanding about healthcare needs for people, help make our NHS Trust more efficient. I want to put my knowledge and experiences to improve our NHS Trust.

Gillian Woodman-Smith



Why do you wish to carry out this role?

Since completing non-medical professional training in the NHS (in my twenties) I have had a working life which has been challenging and deeply satisfying. I have worked in a number of clinics and hospitals, always as part of a multi-disciplinary team. Although I would have much to learn I would like to offer to draw on this experience and extend my interests in becoming a Governor

What skills do you feel you bring to the role?

Having, for almost forty years, offered psychological treatment to children, adolescents and adults I have had the privelige of engaging at close quarters with a wide variety of individuals. Trying to find helpful ways forward in situations that were often complex, I was invaryably supported and informed by team

meetings, colleague discussion or supervision. I also have three-years experience as a trustee to a charity

Any other information that you feel is relevant?

I have also been a patient – four years ago, diagnosed with a life-threatening disease. Thanks to the skill and excellence of the surgical, oncology and nursing teams at BRI, I am fit and well and enjoying a new chapter in life. My interests include singing in choir, walking, reading and spending time with grandchildren. One son is a doctor who keeps me abreast of current issues in the NHS

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Brian Worthington



Why do you wish to carry out this role?

The success of an NHS Foundation Trust depends primarily of course on the abilities and commitment of its staff: medical, practical and managerial. In addition their efforts benefit from the contribution of non-professional governors, who set themselves the task of understanding the challenges and achievements in Trust hospitals. By acting in an unbiased way, governors can bring informed criticism, praise and advice, with positive suggestions for staff to develop.

What skills do you feel you bring to the role?

As head of department of a dozen teachers in a Bristol secondary school, school governor for ten years, and an Open University Tutor for over twenty years I have experience of guiding, assessing and advising

people of many ages.

Chairing an amenity society of around 1,000 members requires skills in organization, presentation and tactful suggestion. That would be useful for the task of visiting hospitals to observe and consult patients and staff.

Any other information that you feel is relevant?

The UHB Trust is notably keen to take advantage of the contribution of governors. It has, I believe, benefited from taking account of their concerned advice and experience.

I have benefited from continuing treatment at St. Michael's Hospital and the BRI. I hope to give something in return.



Election to the Council of Governors Patient: Carer of patients 16 years and over

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Anthony Collis



Why do you wish to carry out this role?

I was a Carer of my disabled Mother who I lived with up until She died last December age 93. Because I now have enough time I want to use the experience I gained to help other Carers through the role of becoming a Governor.

What skills do you feel you bring to the role?

The Skills I can bring to the role are the Skills that I learnt from being a Carer whilst being full time employed.

Such as employing Carers to assist me and how to provide their duty of care and paying for their Service some of it via South Gloucestershire Council Direct Payments Scheme which is not easy and daunting

when first introduced to it.

I am used to I leasing with Social Workers, GP's and other Medical Staff and District Nurses.

I have attended Carers' Support Courses run at The Vassall Support Centre and am aware of the information and advice they provide.

I have experienced all of the frustrations problems and loneliness when it goes wrong as a Carer and the pleasure and rewarding feeling during the good times.

I have had many experiences of using the Services of local Hospitals Cosham and Southmead as well as Bristol Eye Hospital and the BRI including my Mothers final days spent at Southmead and am familiar with the layout of them and how they work.

Any other information that you feel is relevant?

I can use all methods for Communications e-mail Facebook Skype Instant Messenger. I served in the TA as an ambulance driver working to a field Hospital which is in many ways similar (statement cut at word limit)

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Cllr. Mike Lyall



Why do you wish to carry out this role?

As a former Army Medic (RAHC) and many years of supporting the NHS through being a lay member of the former Primary Care Trust North Somerset, Weston Health Trust I believe I am equiped to make a contribution to the post of governor UHB.

What skills do you feel you bring to the role?

My skills as a volunteer. I have obtained Chair/Vice Chair of school governors, Reference Primary / Comprehensive Schools in the Weston-super-Mare District. In addition Vice Chair of North Somerset Magistrates Council also Chairman of Families Council North Somerset. Lay member Weston-s-Mare Hospital steering group for the new build A&E unit.

Negotiated for a new Ashcombe Primary School Weston-s-Mare which was successful

Any other information that you feel is relevant?

I was a patient at the Bristol Heart Institute, August 2013 the service obtained was so appreciated, the experience has never left me. I wish to repay all the years of my community work, to patients, staff and the Board by becoming a Governor of UHB. I am, in addition, a Foundation Trust Member, Patient Experience Committee member UHB

Declaration of Interests: Political Party: Labour Financial or other interest in the Trust: None

Sue Milestone

Why do you wish to carry out this role?



I have time, energy and enthusiasm, focussed on representing views of patients and carers. A mother, grandma and carer, I would welcome the opportunity to influence future healthcare in Bristol, hold the Trust to account and ensure transparency. I have a keen interest in the NHS and keep pace with issues affecting the Trust. I will support the aims of the Trust while representing the interests of patients and families.

What skills do you feel you bring to the role?

As a carer for two family members, I have experience Trust hospitals from different perspectives, and seen improvements in mental health care. I studied health and social care at post-graduate level and champion equality of care within the NHS. A hospital stay can be daunting for the older or disabled patient. I want better

inpatient care.

My 'transferable skills' will help me in the role: a former school governor, I experienced setting targets and managing finances, appointing staff, reviewing staff performance.

Any other information that you feel is relevant?

Member: Southmead Hospital Liaison Formerly: Council ASBAH Formerly: Management PRTC: consultation on Carers Bill 2010-12 with Minister 1998-99 Post-graduate degree - European Business Administration

Declaration of Interests:

Political Party: Labour Party Financial or other interest in the Trust: None

Garry Williams



I am dedicated to and proud of the service and achievements of this Trust. I value its staff. I wish to contribute my expertise and support specially to the disabled and elderly.

Ambition closer integration of Hospital and Primary Health with social care, proper funding and sound finance.

What skills do you feel you bring to the role?

Former Armed Services and Schoolteacher. Have cared for elderly parents and do so for adult son with multiple disabilities. Former patient/public tasks Great Ormond Street, South Central Ambulance and

other NHS/Social Services user teams.

Any other information that you feel is relevant?

I am a former Carer Governor and have continued to read Trust's weekly Newsbeat and attend patient/public events.



Election to the Council of Governors Patient: Local

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Kathy Baxter



Why do you wish to carry out this role?

I would like to give something back to the NHS. I am proud of our NHS and have great respect for the entire team involved in giving this amazing service, from catering, cleaning up to doctors and consultants. I feel I can contribute a great deal to the Trust. Can help listen to and improve patients experiences.

What skills do you feel you bring to the role?

I feel I can see both sides of the story as an ex-employee and a patient. I can offer great insight into the patient/trust relationship, including disability, carer and visually impaired, dementia. Am confident in public speaking.

Any other information that you feel is relevant?

I am fortunate in being aware of things that can be improved. As a visually impaired lady myself and a qualified lecturer in Sight Awareness and able to give insight and training to all concerned.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Abdoor Rashid Joomun



Why do you wish to carry out this role?

I was a patient of the Heart Institute in December 2014 and I am still being treated at the Oncology Center and BEH and therefore feel that I have a good knowledge of care provided by University Hospitals Bristol. This would enable me to represent my views as a patient and hopefully the views of other patients at Trust Board meetings.

I have also worked for UHB NHS Trust for 28 years as the Trust Information Manager and I feel that my working experience of the NHS would help me to be an effective Governor.

What skills do you feel you bring to the role?

I am a graduate in Mathematics with special interest in Statistics and I, therefore, possess very good numerical and statistical analytical skills. This is further enhanced by my particular knowledge of the Trust and NHS Statistical Information.

As the Trust Information Manager I have acquired good skills as an NHS Senior Manager which would be of use as an NHS Governor.

Any other information that you feel is relevant.

I was a School Governor at Westbury-on-Trym C of E Primary School (now an Academy) for 11 years. I helped in running the School Finance and was elected Chairman of the Board of Governors in my 11th year of service.

I was a member of the Commission for Patient and Public Involvement in Health for 2 years, with responsibility to help in shaping better health for the public.

I am a member of support groups for patients including Prostate Cancer, Heart Diseases and Motor Neurone Disease.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Ray Orgill



As a youngster I was diagnosed with tuberculosis. This was in the days before the NHS. I saw how financially devastating this was to my family. This taught me to believe that the NHS should always be preserved, I still believe this and I want to help where I can.

My working life began in the Derbyshire Constabulary until I was called up under The National Service Act and was drafted into the RAF as a Police, Security and Criminal Investigator and served for twelve years. Upon discharge I joined a family concern where I subsequently became General Manager.

In a voluntary role I have served as a Special Constable in Surrey Police for 10 years, a member of Surrey Police Choir for 6 years, an advisor with Age Concern in Bristol for about 4 years, a member of Nailsea Town Council for about 5 years and as Chairman of The Town Council Sub-committee, and for the last

18 months I have been helping in the BRI in various voluntary roles.

Thus I have worked at all levels of employment and am experienced in dealing with and listening to with most types of people. I believe I have shown that I am honest and trustworthy and fully committed to the NHS.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Ray Phipps

Why do you wish to carry out this role?



As a lifetime resident of Bristol I have experience as a patient on many occasions. My family and friends have benefitted from excellent healthcare provided by highly skilled and compassionate doctors and staff. Personal experience has given me a good understanding of the wide range of healthcare issues and the resources needed to deal with them. I believe that care of the highest standard with good integration of all the agencies involved should be available to everyone. I have a keen interest in the future work of UHBT and in continuing to serve on the council of governors. It would be a privilege to contribute to the effective running of the Trust.

What skills do you feel you bring to the role?

I have successfully held a wide range of positions from Engineer to Divisional Manager. Serving on company executive control committees gave me experience of the day to day operation of Divisions within an international corporation. Roles have included responsibility for contract negotiation, financial performance, technical and strategic development. Dealing with large capital projects I visited many countries to precisely identify customer needs and the means to satisfy them. In achieving profitable results, I developed good interpersonal and communication skills. I am a Member of The Institution of Engineering and Technology.

Any other information that you feel is relevant.

UHBT provides essential healthcare from birth through childhood to our later years. Developing and sustaining this in context of future challenges is crucial. As a Member of the Council I will use my best endeavours on behalf of patients to help achieve that outcome.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Belinda Sully



I have ongoing first hand experience of five of the Trusts' Hospitals both as an in patient and out patient over many years. I have seen the changes that have happened during this time and have an insight and understanding of the consequences of these for users of the services. I feel this would help me identify and represent the views of patients and carers when new developments are being discussed.

I have experience of serving as a school governor, being a member of the Management Committee of a local voluntary organization and successfully seeing it through a time of economic crisis.

I have overseen obtaining major capital grants and managing the delivery of two major projects in our local community both of which involved consultation with local people and extensive liaising with local and national public bodies.

I am currently an Independent Custody Visitor for Avon and Somerset Police and an active volunteer for the RVS.

I have brought to all these roles an ability to identify the underlying issues and what realistically can be done to deliver improvements.

As a former teacher of law and psychology I have the skills of communication and representation required for this role.