

# NIHR CLAHRC West

National Institute for Health Research

Collaboration for Leadership in Applied Health Research and  
Care West Remit and Research Activities

## **Remit and Research Activities**

Dr Jeremy Horwood, CLAHRC West Senior Research Fellow and  
Ethnography Team Lead

Dr Niamh Redmond, CLAHRC West Research Fellow/ Manager



*National Institute for  
Health Research*

# NIHR CLAHRC West

National Institute for Health Research

**Collaboration** for Leadership in Applied Health Research and  
Care West

Dr Jeremy Horwood, CLAHRC West Senior Research Fellow  
and Ethnography Team Lead

Dr Niamh Redmond, CLAHRC West Research Fellow/ Manager



*National Institute for  
Health Research*

# NIHR CLAHRC West

National Institute for Health Research

**Collaboration** for Leadership in **Applied Health Research** and  
Care West

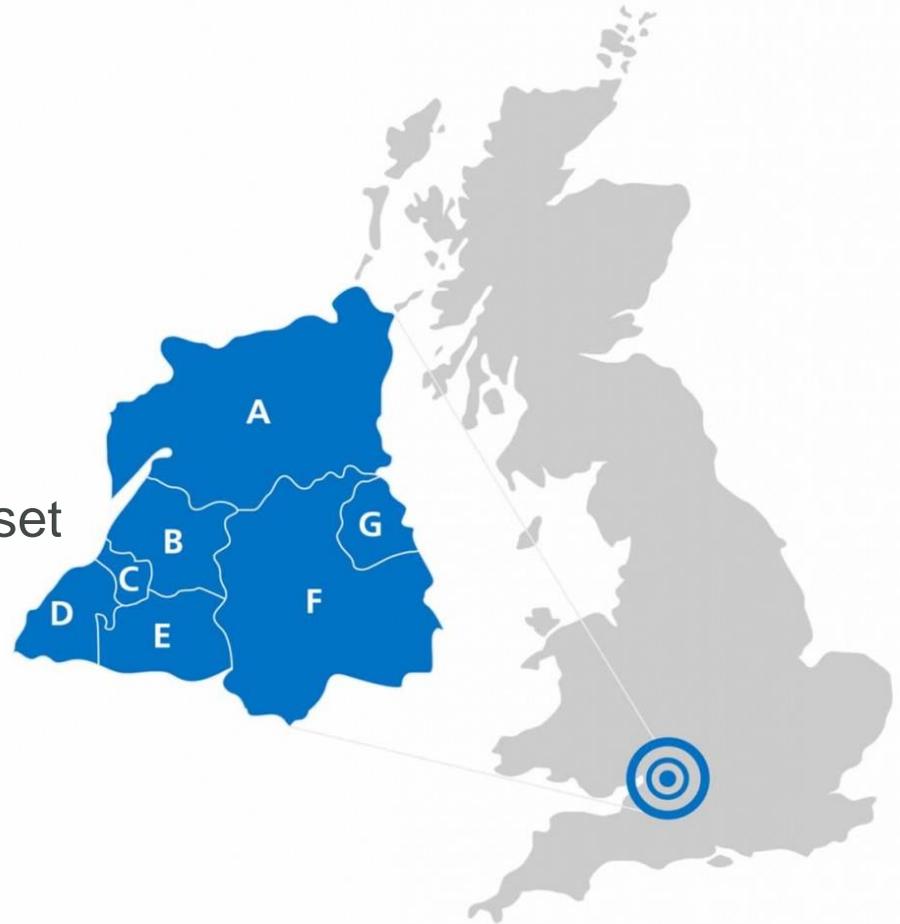
Dr Jeremy Horwood, CLAHRC West Senior Research Fellow  
and Ethnography Team Lead

Dr Niamh Redmond, CLAHRC West Research Fellow/ Manager



# West region

- A – Gloucestershire
- B – South Gloucestershire
- C – Bristol
- D – North Somerset
- E – Bath and North East Somerset
- F – Wiltshire
- G – Swindon



# What is a CLAHRC?



- A collaborative partnership between universities and surrounding NHS, local authorities and social care organisations

# Collaborations across the West

University Hospitals Bristol   
NHS Foundation Trust

Bath and North East Somerset  
Clinical Commissioning Group

Bristol Clinical Commissioning Group

Gloucestershire Hospitals   
NHS Foundation Trust

Swindon  
Clinical Commissioning Group

North Bristol   
NHS Trust

North Somerset  
Clinical Commissioning Group

Avon and Wiltshire   
Mental Health Partnership NHS Trust

2gether   
NHS Foundation Trust

University of the  
West of England

South Gloucestershire  
Clinical Commissioning Group

University of  
BRISTOL

Wiltshire Council  
Where everybody matters

UNIVERSITY OF  
**BATH**

**Bristol Health  
Partners**

**SWINDON**  
BOROUGH COUNCIL

West of England  
Academic Health  
Science Network

**Bath & North East  
Somerset Council**

National Institute for  
Health Research

People in Health  
West of England

Gloucester  
**City Council**  
Transforming Your City

Clinical Research Network

# What is a CLAHRC?



- CLAHRCs are designed to draw practice and research closer together, in order to provide evidence based care for users of services within the NHS and social care

# NIHR Clinical Research infrastructure



Biomedical Research Centres

Biomedical Research Units

Experimental Cancer Medicine Centres

Clinical Research Facilities

Patient Safety Translational  
Research Centres

Healthcare Technology Cooperatives

Diagnostic Evidence Cooperatives

Clinical Research Network

NIHR Collaborations for Leadership in Applied Health  
Research and Care

# Research and implementation themes



**Chronic health  
conditions**

**Equity,  
appropriateness  
and  
sustainability**

**Mental Health**

**Public and  
population  
health**

# NIHR CLAHRC West Methodology Themes



**Efficiency**

**Effectiveness/  
Health Service  
Evaluation**

**Epidemiology**

**Ethnography**

**Evidence  
synthesis**

# Essential cross-cutting activities

---

**Patient and  
public  
involvement and  
engagement**

**Evaluation**

**Capacity  
building and  
training**



**People in Health**  
West of England

---

Better involvement · Better research · Better health

# Research strategy



## Periodic calls for proposals/ideas

### 2014

- 28 research proposals (partners) – 11 taken forward
- 29 research ideas (public) – 6 developed into full proposals

### 2016

- Research proposal priorities - health system integration and optimal care
  - 29 research proposals (partners) – 16 taken forward
- Research ideas – 4 x public workshops
  - 31 research ideas (public) – 2 under further development

# Reach West



## Background

- Research recruitment is often complicated and slow, yet public are keen to be involved

## Aim

- Set up a public participation research register for the West (600 registered)

## Methods

- Individual consent obtained to:
  - ✓ Link to NHS medical and related records
  - ✓ Inform people/patients about relevant research projects and facilitate involvement and participation
- Feasibility study completed - feasible and acceptable in outpatient setting

## Collaborators

- NIHR CLAHRC West with University of Bristol, University Hospitals NHS Bristol
- In discussions with the West Commissioning Support Unit (CSU) and Connecting Care to link to NHS records

<https://reachwest.org.uk/>

The screenshot shows a web browser window displaying the Reach West website. The browser's address bar shows the URL <https://reachwest.org.uk>. The website header includes the Reach West logo, the tagline "Making it easy to take part in research", and social media icons for Twitter and Facebook. A teal navigation bar contains the following menu items: "About Reach West", "Research Studies", "Register Now", "Researchers", "Partners", and "Contact Us". The main content area features a large banner with a close-up image of a young child's face. The banner text reads: "Join us in improving Health & Healthcare in the west". Below the text is a teal "Register Now" button. The Windows taskbar at the bottom shows the system tray with the date and time: 12:09 PM, 5/13/2016.

# IRIS ADViSE qualitative evaluation

## Identification & Referral to Improve Safety Assessing Domestic Violence in Sexual Health Environments

### Background

- Increased unintended pregnancies and sexual health problems in people who experience DVA or associated physical or sexual violence.
- IRIS ADViSE - evidence based training intervention for general practice staff to identify, respond and refer appropriately female victims of DVA adapted and implemented in sexual health clinics

### Aim

- Examine health care professionals experiences of IRIS ADViSE training and implementing the IRIS ADViSE approach in sexual health settings

### Methods

- Interviews conducted with a purposive sample of 17 participating staff based at a sexual health clinic and DVA advocate workers.

# Preventing post-operative urinary retention



## Background

- Post-operative urinary retention (PO-UR) is common after surgery - 5%-70% depending on the kind of surgery/patient risk profile
- Catheterisation – lengthens a patient’s hospital stay after surgery, and poses significant added risks, like urinary infection

## Aim

- To identify what factors make it more/less likely that a patient will develop PO-UR and what can be done to treat PO-UR.
- To develop and evaluate a protocol to reduce the incidence of PO-UR

## Methods

- 2 x systematic review of the literature, to identify risk factors and treatments for PO-UR.

- **CLAHRC West projects**
  - Low vs dead high space syringes - NICE considering review of guidelines
  - Psychiatric liaison service evaluation - resulted in local CCG providing new investment to add to the service's working hours and this has been adopted by another acute trust
  - Contributed to Chief Medical Officer guidelines on alcohol in pregnancy
- **Associated projects**
  - ProtecT- prostate cancer treatment
  - TARGET - improving care for children with respiratory tract infections
- **Current and future strategy**
  - All new projects to be include implementation plans and key drivers
  - Recommended to respond to national (as well as local ) needs

# Achievements so far...



- Over 60 peer reviewed publications – more in the pipeline
- Five grant awards
- Over 60 ongoing or current research projects across different health themes and methodologies

The screenshot shows a web browser window displaying the homepage of the NIHR CLAHC West website. The browser's address bar shows the URL 'clahrc-west.nihr.ac.uk'. The website has a blue header with the text 'CLAHC West' and 'National Institute for Health Research'. Below the header is a navigation menu with links for 'Home', 'About us', 'Research', 'Patient and public involvement', 'Training', and 'Evaluation'. The main content area features a large heading 'NIHR CLAHC West' followed by a paragraph describing the organization's mission. Below this is a blue button that says 'Find out more about us'. At the bottom, there are four columns, each with a photograph and a heading: 'Research and implementation', 'Patient and public involvement', 'Training and capacity building', and 'Evaluation'. Each column contains a brief description of the respective area.

News Events Contact us

Search...

CLAHC West  
Collaboration for Leadership in Applied Health Research and Care West

NHS  
National Institute for Health Research

Home About us Research Patient and public involvement Training Evaluation

## NIHR CLAHC West

The National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care West (NIHR CLAHC West) works with partner organisations, including the NHS, local authorities and universities, to conduct applied health research and implement research evidence, to improve health and healthcare across the West.

[Find out more about us](#)

### Research and implementation

Our applied health research focuses on projects that improve the management of chronic health conditions, mental health, public health interventions and population health

### Patient and public involvement

We are committed to a collaborative approach to patient and public involvement across research and the delivery of health care and services, through our partners People in Health West of England

### Training and capacity building

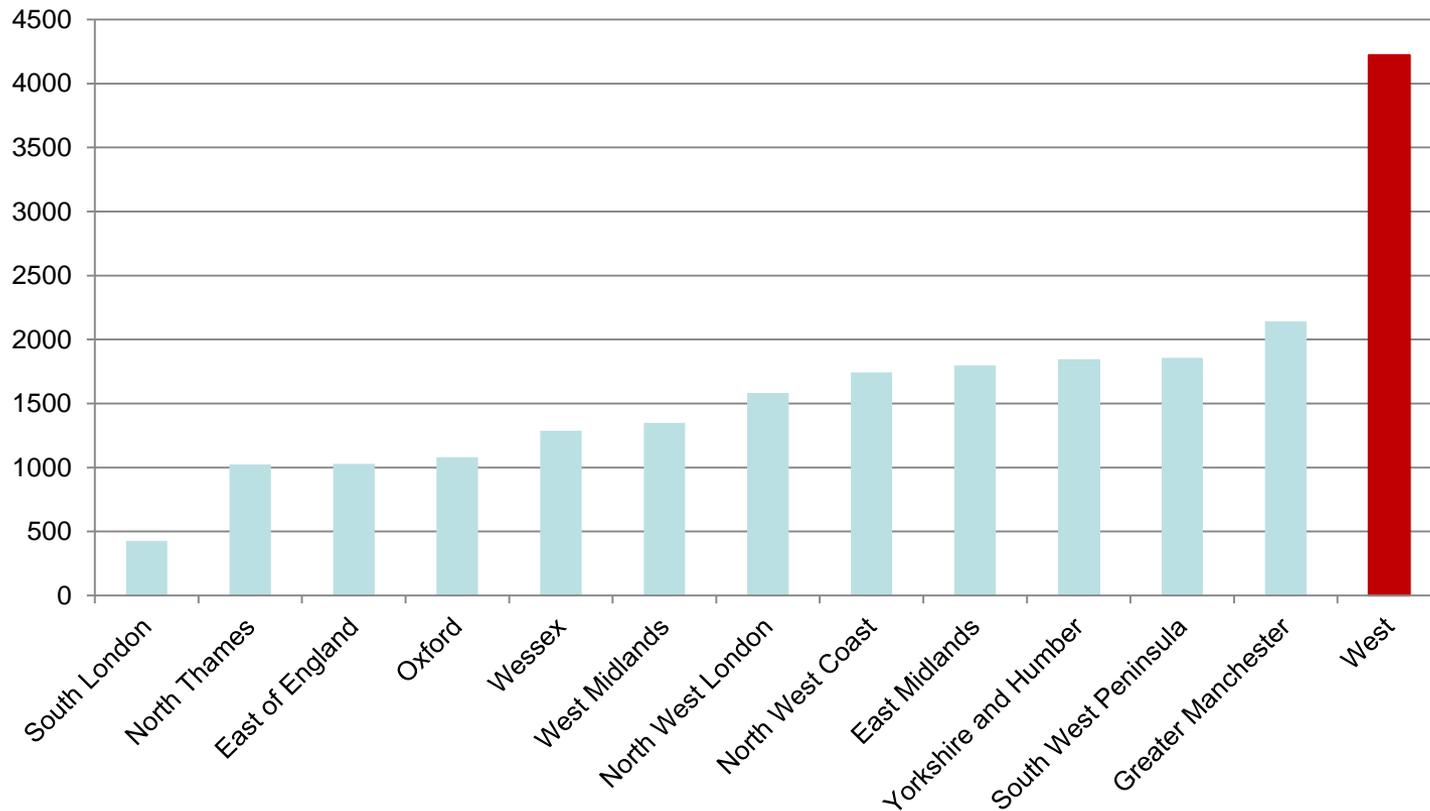
We promote the development of skills in understanding, using and producing evidence for the health, public health and commissioning workforce, and patients and members of the public

### Evaluation

We work collaboratively across the region to promote and support best practice in evaluation for health and social care, to develop an evaluation culture across the West.

# Other CLAHRCs - Twitter

## CLAHRCs' Twitter followers



A horizontal bar composed of several colored segments: green, dark green, orange, purple, red, dark blue, and light blue.

*“ Research leading to equitable, appropriate, and sustainable health and care across the West ”*

Twitter: [@CLAHRC\\_West](https://twitter.com/CLAHRC_West)

Website: [clahrc-west.nihr.ac.uk](http://clahrc-west.nihr.ac.uk)

The research is supported by the National Institute for Health Research (NIHR) Collaboration for Leadership in Applied Health Research and Care West (CLAHRC West) at University Hospitals Bristol NHS Foundation Trust. The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health.