

NIHR CLAHRC West

National Institute for Health Research

Collaboration for Leadership in Applied Health Research and
Care West Remit and Research Activities

Remit and Research Activities

Dr Jeremy Horwood, CLAHRC West Senior Research Fellow and
Ethnography Team Lead

Dr Niamh Redmond, CLAHRC West Research Fellow/ Manager



*National Institute for
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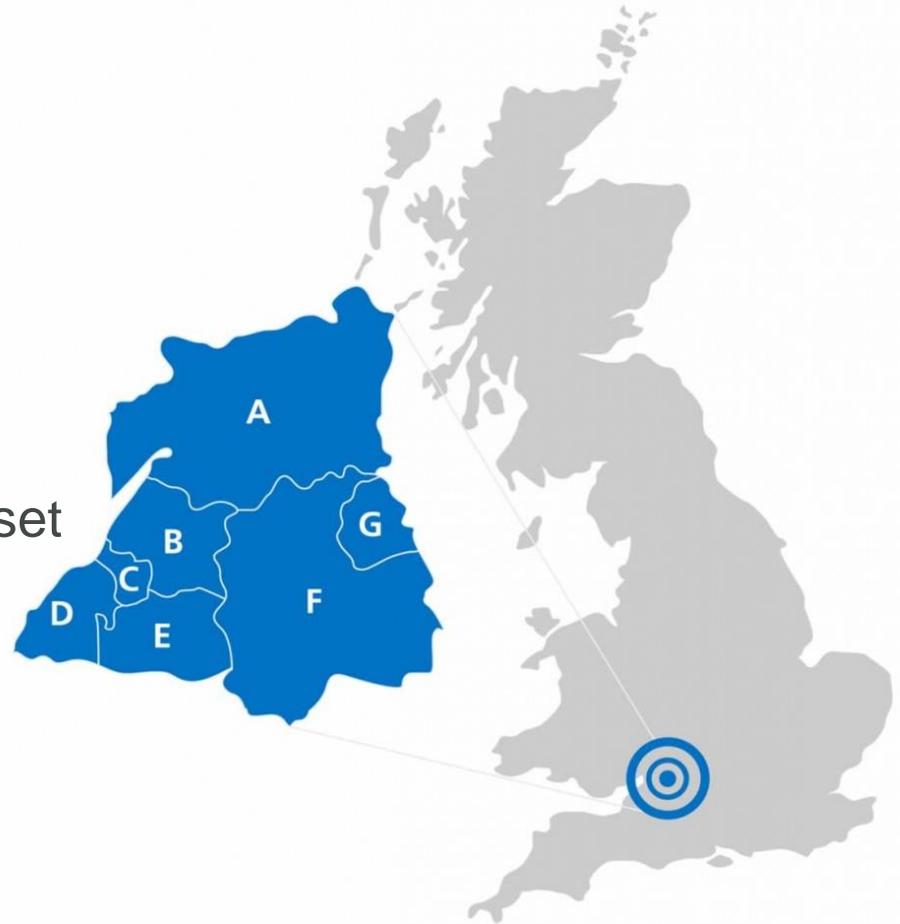
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West region

- A – Gloucestershire
- B – South Gloucestershire
- C – Bristol
- D – North Somerset
- E – Bath and North East Somerset
- F – Wiltshire
- G – Swindon



What is a CLAHRC?



- A collaborative partnership between universities and surrounding NHS, local authorities and social care organisations

Collaborations across the West

University Hospitals Bristol
NHS Foundation Trust

Bath and North East Somerset
Clinical Commissioning Group

Bristol Clinical Commissioning Group

Gloucestershire Hospitals
NHS Foundation Trust

Swindon
Clinical Commissioning Group

North Bristol
NHS Trust

North Somerset
Clinical Commissioning Group

Avon and Wiltshire
Mental Health Partnership NHS Trust

2gether
NHS Foundation Trust

University of the
West of England

South Gloucestershire
Clinical Commissioning Group

University of
BRISTOL

Wiltshire Council
Where everybody matters

UNIVERSITY OF
BATH

**Bristol Health
Partners**

SWINDON
BOROUGH COUNCIL

West of England
Academic Health
Science Network

**Bath & North East
Somerset Council**

National Institute for
Health Research

People in Health
West of England

Gloucester
City Council
Transforming Your City

Clinical Research Network

What is a CLAHRC?



- CLAHRCs are designed to draw practice and research closer together, in order to provide evidence based care for users of services within the NHS and social care

NIHR Clinical Research infrastructure



Biomedical Research Centres

Biomedical Research Units

Experimental Cancer Medicine Centres

Clinical Research Facilities

Patient Safety Translational
Research Centres

Healthcare Technology Cooperatives

Diagnostic Evidence Cooperatives

Clinical Research Network

NIHR Collaborations for Leadership in Applied Health
Research and Care

Research and implementation themes



**Chronic health
conditions**

**Equity,
appropriateness
and
sustainability**

Mental Health

**Public and
population
health**

NIHR CLAHRC West Methodology Themes



Efficiency

**Effectiveness/
Health Service
Evaluation**

Epidemiology

Ethnography

**Evidence
synthesis**

Essential cross-cutting activities

**Patient and
public
involvement and
engagement**

Evaluation

**Capacity
building and
training**



People in Health
West of England

Better involvement · Better research · Better health

Research strategy



Periodic calls for proposals/ideas

2014

- 28 research proposals (partners) – 11 taken forward
- 29 research ideas (public) – 6 developed into full proposals

2016

- Research proposal priorities - health system integration and optimal care
 - 29 research proposals (partners) – 16 taken forward
- Research ideas – 4 x public workshops
 - 31 research ideas (public) – 2 under further development

Reach West



Background

- Research recruitment is often complicated and slow, yet public are keen to be involved

Aim

- Set up a public participation research register for the West (600 registered)

Methods

- Individual consent obtained to:
 - ✓ Link to NHS medical and related records
 - ✓ Inform people/patients about relevant research projects and facilitate involvement and participation
- Feasibility study completed - feasible and acceptable in outpatient setting

Collaborators

- NIHR CLAHRC West with University of Bristol, University Hospitals NHS Bristol
- In discussions with the West Commissioning Support Unit (CSU) and Connecting Care to link to NHS records

<https://reachwest.org.uk/>

The screenshot shows a web browser window with the URL <https://reachwest.org.uk/>. The page header includes the Reach West logo, the tagline "Making it easy to take part in research", and social media icons for Twitter and Facebook. A teal navigation bar contains the following links: "About Reach West", "Research Studies", "Register Now", "Researchers", "Partners", and "Contact Us". The main content area features a large banner with a close-up photograph of a young child's face. Overlaid on the right side of the banner is the text "Join us in improving Health & Healthcare in the west" in a mix of teal and dark blue fonts. A teal "Register Now" button is positioned at the bottom right of the banner. The browser's taskbar at the bottom shows various application icons and the system clock indicating 12:09 PM on 5/13/2016.

IRIS ADViSE qualitative evaluation

Identification & Referral to Improve Safety Assessing Domestic Violence in Sexual Health Environments

Background

- Increased unintended pregnancies and sexual health problems in people who experience DVA or associated physical or sexual violence.
- IRIS ADViSE - evidence based training intervention for general practice staff to identify, respond and refer appropriately female victims of DVA adapted and implemented in sexual health clinics

Aim

- Examine health care professionals experiences of IRIS ADViSE training and implementing the IRIS ADViSE approach in sexual health settings

Methods

- Interviews conducted with a purposive sample of 17 participating staff based at a sexual health clinic and DVA advocate workers.

Preventing post-operative urinary retention



Background

- Post-operative urinary retention (PO-UR) is common after surgery - 5%-70% depending on the kind of surgery/patient risk profile
- Catheterisation – lengthens a patient’s hospital stay after surgery, and poses significant added risks, like urinary infection

Aim

- To identify what factors make it more/less likely that a patient will develop PO-UR and what can be done to treat PO-UR.
- To develop and evaluate a protocol to reduce the incidence of PO-UR

Methods

- 2 x systematic review of the literature, to identify risk factors and treatments for PO-UR.

- **CLAHRC West projects**
 - Low vs dead high space syringes - NICE considering review of guidelines
 - Psychiatric liaison service evaluation - resulted in local CCG providing new investment to add to the service's working hours and this has been adopted by another acute trust
 - Contributed to Chief Medical Officer guidelines on alcohol in pregnancy
- **Associated projects**
 - ProtecT- prostate cancer treatment
 - TARGET - improving care for children with respiratory tract infections
- **Current and future strategy**
 - All new projects to be include implementation plans and key drivers
 - Recommended to respond to national (as well as local) needs

Achievements so far...



- Over 60 peer reviewed publications – more in the pipeline
- Five grant awards
- Over 60 ongoing or current research projects across different health themes and methodologies

The screenshot shows a web browser window displaying the homepage of the NIHR CLAHC West website. The browser's address bar shows the URL 'clahrc-west.nihr.ac.uk'. The website has a blue header with the text 'CLAHC West' and 'National Institute for Health Research'. Below the header is a navigation menu with links for 'Home', 'About us', 'Research', 'Patient and public involvement', 'Training', and 'Evaluation'. The main content area features a large heading 'NIHR CLAHC West' followed by a paragraph describing the organization's mission. Below this is a blue button that says 'Find out more about us'. At the bottom, there are four columns, each with a photograph and a heading: 'Research and implementation', 'Patient and public involvement', 'Training and capacity building', and 'Evaluation'. Each column contains a brief description of the respective area.

News Events Contact us

Search...

CLAHC West
Collaboration for Leadership in Applied Health Research and Care West

NHS
National Institute for Health Research

Home About us Research Patient and public involvement Training Evaluation

NIHR CLAHC West

The National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care West (NIHR CLAHC West) works with partner organisations, including the NHS, local authorities and universities, to conduct applied health research and implement research evidence, to improve health and healthcare across the West.

[Find out more about us](#)

Research and implementation

Our applied health research focuses on projects that improve the management of chronic health conditions, mental health, public health interventions and population health

Patient and public involvement

We are committed to a collaborative approach to patient and public involvement across research and the delivery of health care and services, through our partners People in Health West of England

Training and capacity building

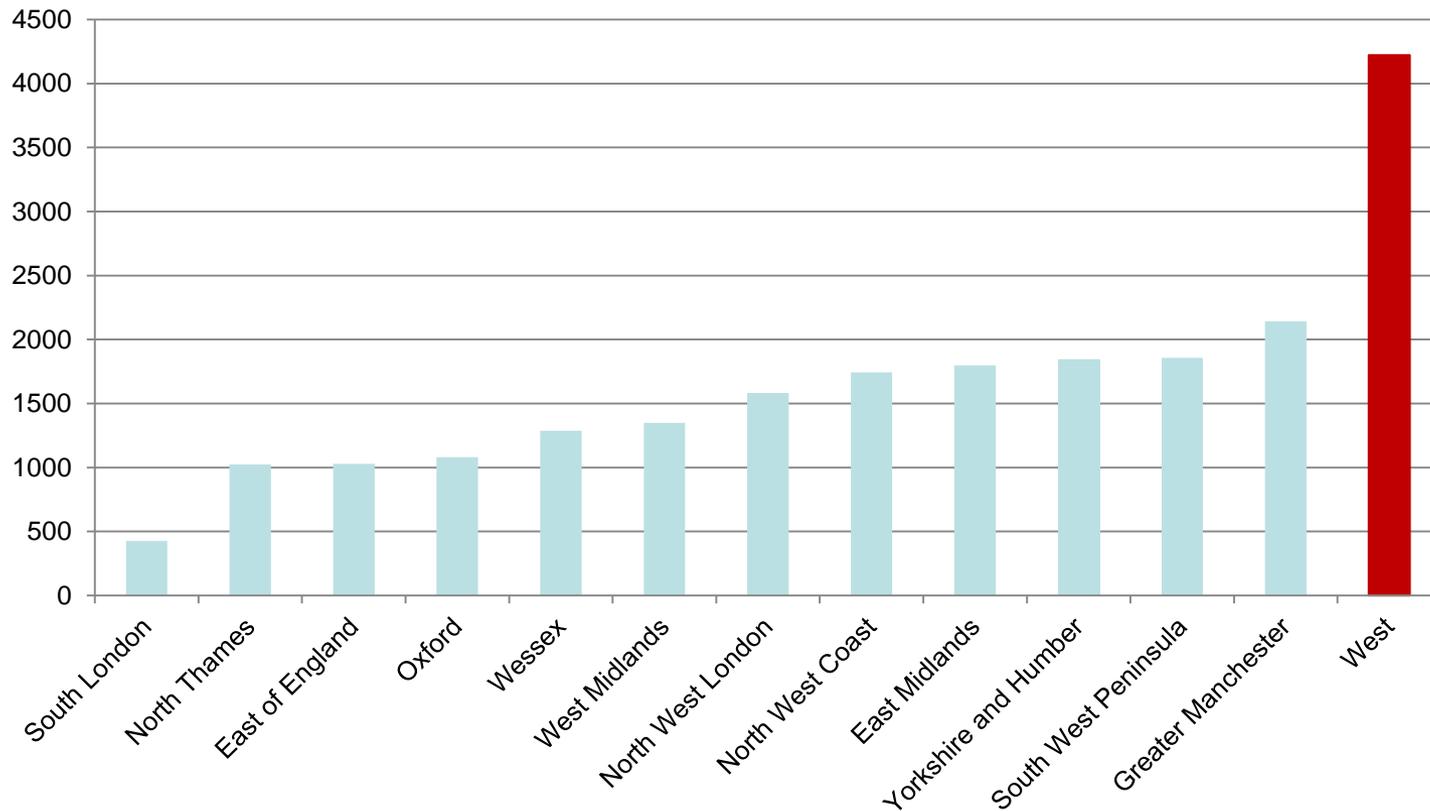
We promote the development of skills in understanding, using and producing evidence for the health, public health and commissioning workforce, and patients and members of the public

Evaluation

We work collaboratively across the region to promote and support best practice in evaluation for health and social care, to develop an evaluation culture across the West.

Other CLAHRCs - Twitter

CLAHRCs' Twitter followers



A horizontal bar composed of several colored segments: green, dark green, orange, purple, red, dark blue, and light blue.

“ Research leading to equitable, appropriate, and sustainable health and care across the West ”

Twitter: @CLAHRC_West

Website: clahrc-west.nihr.ac.uk

The research is supported by the National Institute for Health Research (NIHR) Collaboration for Leadership in Applied Health Research and Care West (CLAHRC West) at University Hospitals Bristol NHS Foundation Trust. The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health.