

TYA (Teenage Young Adult) Multidisciplinary advisory Team (MDaT) Guide

Thank you for referring your patient to the TYA Multidisciplinary advisory Team (MDaT) meeting. We hope you find the experience user-friendly and useful. We have produced these guidelines to assist you through the process but please do tell us if you feel there are any areas for future improvement.

Why do young people with cancer need to be discussed by the TYA MDaT?

National policy (NICE Improving Outcomes Guidance 2005 and the national service specification for TYA cancer) require that all TYA patients (aged 16-24 years) are discussed both at a relevant site-specific diagnosis and treatment MDT and by the regional TYA MDT. This forms part of TYA Cancer Peer Review Measures.

We call the TYA MDT the 'MDaT' both to avoid confusion between the two MDTs involved and to emphasise its role as an advisory body. The focus of the discussion at the MDaT is to ensure that each young person's needs are discussed holistically and that the advice and resources of the TYA service are offered to add value to the care each young person receives.

For more information please see our website <http://www.uhbristol.nhs.uk/tya>.

MDaT Process

The TYA SW MDaT takes place as an online webex meeting and is held weekly on Wednesdays from 12:30-14:00. The referral of new patients is managed as a two step process.

First, we ask that you register the patient with us by completing the registration form available on our website: <http://www.uhbristol.nhs.uk/tya> and emailing it to the MDaT Coordinator at tyamdat@UHBristol.nhs.uk. Please call 0117 342 7654 if you need any help.

We will log the registration at the next available MDaT so that the wider team are aware of the patient and will suggest a date for a full discussion, usually within 6 weeks. The coordinator will liaise with you to obtain further information about the patient and to confirm the best date and time for you and your colleagues to join the MDaT for the full discussion.

What happens at the MDaT?

Appendix 1 to this guide provides information for you about how to join the online meeting.

The chair of the MDaT (usually the TYA Lead Clinician or TYA Lead Nurse) will facilitate a short presentation from you around the patient's diagnosis, prognosis and treatment plan and will ask about recruitment to any available clinical trial and whether or not fertility preservation was

necessary, possible or implemented. The patient's holistic needs will then be discussed, using the IAM (Integrated Assessment Map) submitted prior to the meeting to structure the conversation.

If the young person has not submitted their own IAM, or one done in partnership with a healthcare professional, we expect the key worker to submit a professionally led IAM before the MDaT discussion using the template in Appendix 2.

Please contact the MDaT coordinator if you need any help (Email: tyamdat@UH Bristol.nhs.uk or Phone: 0117 342 7654).

What is the "IAM"?

As with all cancer teams, the TYA service uses a holistic approach to understand the needs of patients following a diagnosis of cancer. We have developed the IAM (Integrated Assessment Map) as a TYA specific alternative to the Macmillan eHNA or other site specific holistic needs assessments in order to better capture information important to the care and support of young people with cancer.

The IAM looks at young people's needs in 10 domains that, in our experience, are important to TYAs and can have an effect on their resilience and adaptation to cancer (See **Appendix 3**). Needs in each domain should be assessed, if possible, by the young person themselves with or without the support of a professional. Members of the TYA team, usually the local TYA Specialist Nurse, will explain the IAM to each newly diagnosed patient and provide them with the appropriate link to the IAM portal (a website offering the patient the ability to complete the IAM assessment and to access associated information and support).

Each domain is scored on a four point scale (0-3) which indicates the level of concern / need for information and support the young person has in this area. **Appendix 4** provides a guide to the scoring of need. The summary of this assessment, presented visually as the 'map', is made available at the TYA MDaT to guide the discussion. We don't expect a detailed discussion on every domain but rather try to focus on areas which may warrant particular attention according to the patient's individual needs.

What happens after the meeting?

The outcomes from the meeting should be used to inform the patient's care plan and will be emailed to you by the MDaT coordinator as a pdf document which can be downloaded to electronic medical records or printed and filed in the patient's notes. This will include a date for review at a future TYA MDaT if agreed to be appropriate. We try to ensure that all patients are routinely reviewed at/around the end of treatment.

Appendix 1

Joining the TYA MDaT– Quick Guide

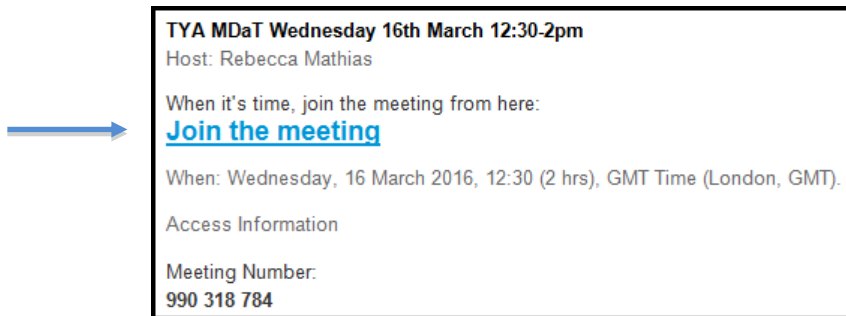
You will need:

- A telephone for teleconferencing into the meeting
- A computer (PC or Mac) with Internet access (for visual access)

To join the meeting with audio and visual access (this is the preferred option):

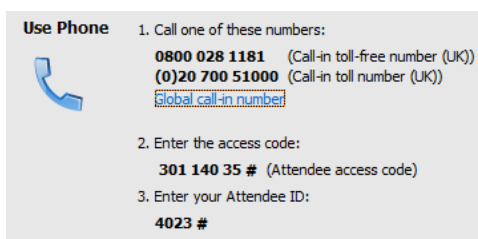
You will receive an email invitation to the meeting

1. Click on the hyperlink provided in the email.



This will take you to the Meeting Centre Login screen.

2. Enter your details at the Meeting Centre Login screen.
3. Click the “Join” button to be taken into the meeting.
4. The “Meeting In Progress” notification will appear on-screen. Please wait while the meeting centre software opens a session for you (this takes about 1 minute - occasionally you will need to download a piece of software (often Java) to proceed: follow any instructions on your computer)
5. A box with telephone number will appear: Dial the number and follow the prompts to enter the meeting Access Code and your Attendee ID, each time following with the hash (#) key.



The number may begin with +44. If you are dialling from within the UK please ignore +44 and add 0 before dialling the number

The chair will talk you through any other processes you may need to use (such as sharing your desktop, raising your hand to join the conversation etc.) but if you would like more information before the meeting please contact the MDaT coordinator.

Use of a headset is preferred if you attend the MDaT regularly, and will improve sound quality

To join the audio conference only:

1. Dial the number in the email and follow instructions.

Appendix 2

Professionally Led IAM Submission

Name of TYA patient:	
Name of professional completing IAM:	
Date:	

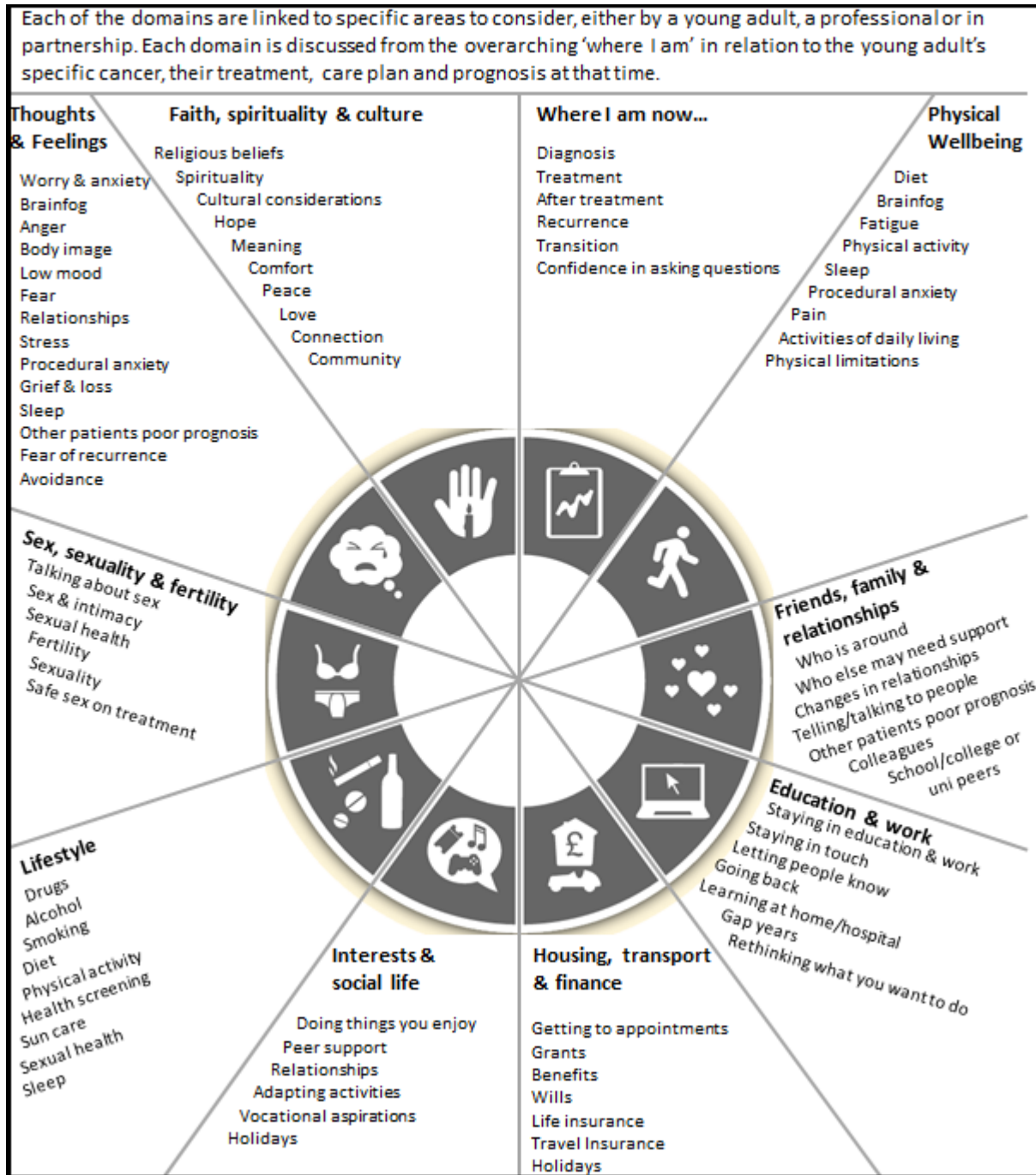
Please score each domain 0-3, using Appendix 4 to guide your assessment

Domain	Score (0 – 3)
Where I am now	
Physical wellbeing	
Friends, family and relationships	
Education and work	
Housing, transport and finance	
Interests and social life	
Lifestyle	
Sex, sexuality and fertility	
Thoughts and feelings	
Faith, spirituality and culture	

Please email the completed IAM to: uhb-tr.tyamdat@nhs.net

Appendix 3:

Summary of IAM domain content considerations



Appendix 4

IAM Scoring Guidelines

The levels provide an indicator of the young person's and/or a professional's identification of need, risk or concern for each domain.

YOUNG PERSON	PROFESSIONAL
<p>LEVEL 0 Domain left blank</p>	<p>LEVEL 0 Not known: Action point required to speak with young person about any need, risk or concerns</p>
<p>LEVEL 1 - UNIVERSAL Young person has not indicated any additional request for support over and above the routine service offered by site specific MDT plus access to TYA universal offer</p>	<p>LEVEL 1 - UNIVERSAL Needs identified can be met through routine cancer site-specific MDT and TYA MDaT universal offer. e.g.:</p> <ul style="list-style-type: none"> • CLIC Sargent introduction and grant • Support via IAM, access to Help! and self-management information / resources, signposting and navigation • Invitation to social events and peer support • Access to wellbeing 1-1s and groups
<p>LEVEL 2 – TARGETTED Young person has indicated this is an area they would like additional information and / or individual support with because they have identified their own additional needs</p>	<p>LEVEL 2 – TARGETTED Professional(s) in team around young person have identified an area they have moderate concerns about and would like to actively offer targeted additional assessments / interventions using the available bio-psycho-social support resources within TYA MDaT and cancer site-specific MDT e.g.:</p> <ul style="list-style-type: none"> • Level 2 psychological assessment and support / emotional support* • Supported engagement in wellbeing groups or 1-1 for specific lifestyle change • Support with educational/ vocational needs
<p>LEVEL 3 – SPECIALIST Young person has indicated they have a complex need / are very concerned about something in this area and agree to accessing specialist multi agency support</p>	<p>LEVEL 3 – SPECIALIST Professional(s) in team around young person have identified a complex need / significant risk factor which indicates the need for specialist assessment and intervention available within the TYA MDaT and cancer site-specific MDT or requiring an additional multi agency referral e.g.:</p> <ul style="list-style-type: none"> • Level 3-4 mental health assessments and interventions* • Adult/child safeguarding assessment and plan • Palliative care team / pathway • High intensity wellbeing support provided by TYA/site specific MDTs/team around the young person • Referral to wellbeing or supportive care services outside the cancer site-specific MDT / TYA MDaT

* As defined by NICE IOG – Supportive care