Evaluating PrEvENT: Prostate cancer: Evidence of Exercise and Nutrition Trial

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Abstract

PrEvENT, Prostate cancer: Evidence of Exercise and Nutrition Trial is a feasibility trial, being conducted with the intention of refining a novel intervention and collecting sufficient data to secure future funding for a larger randomised control trial of the intervention.

Once the key aspects of the feasibility trial have been completed, we will need to evaluate the success of the intervention. This will partly be done through exploring outcomes such as change in urinary symptoms; however interviews with participants are also essential to understand the patient experience.

Interviews will explore what participants found positive and negative about the interventions, including suggestions for improvements and changes they would advise. Interviews may also be conducted with health care professionals who have been involved with the feasibility trial to establish their opinions of the intervention, and suggestions of how to improve