University Hospitals Bristol NHS NHS Foundation Trust

# candidates' election statements

## **Election to the Council of Governors 2013** Patient: Carers of patients 16 years and above

Please read the enclosed candidates' election statements before casting your vote.



## **INFORMATION**

## Sue Milestone



#### Why do you wish to carry out this role?

I have time, energy and enthusiasm, focussed on representing views of patients and carers. A mother, grandma and carer, I would welcome the opportunity to influence future healthcare in Bristol, hold the Trust to account and ensure transparency. I have a keen interest in the NHS and keep pace with issues affecting the Trust. I will support the aims of the Trust while representing the interests of patients and families.

I believe in the NHS. I would oppose any increase in private patient income above 5%. I accept that commissioning private care will generate income, but I believe the NHS should be 'free at the point of use' as Beveridge intended. I would welcome a more 'holistic' approach in healthcare especially more amphasis an argumenting medicine.

physiotherapy, and more emphasis on preventive medicine.

#### What skills do you feel you bring to this role?

As a carer for two family members, I have experienced Trust hospitals from different perspectives, and seen improvements in mental health care.

I studied health and social care at post-graduate level and champion equality of care within the NHS. A hospital stay can be daunting for the older or disabled patient. I want better inpatient care.

My 'transferable skills' will help me in the role: a former school governor, I experienced setting targets, managing finances, appointing staff, reviewing staff performance.

#### Any other information that you think is relevant:

Member - Southmead Hospital Liaison Formerly - Council ASBAH Formerly - Management PRTC: consultation on Carers Bill 2010-12 with Minister 1998-99. Post-graduate degree - European Business Administration

#### **Declaration of Interests:**

Political Party: Labour Party Financial or other interest in the Trust: Part-time work- church Charitable Trust.

## Karen Mary Larwood



#### Why do you wish to carry out this role?

I am keen to help shape improvements that have a lasting positive impact for all users of the Foundation's services - patients, carers, families and, of course, staff.

This is of particular relevance following the publication of the Report of Mid Staffordshire NHS Foundation Trust Public Inquiry, by Robert Francis QC, from which there will, undoubtedly, be initiatives and changes made to the way our NHS Foundation operates.

Having supported and cared for my husband throughout his illness and treatment (since 2006) and been an occasional patient myself, I have many experiences to draw from and ideas to bring to the Board for consideration. E.g. While medical care has been excellent, I would like to work with the Commissioning

group and supply partners to see how the "end of life"/palliative care provision might be improved.

#### What skills do you feel you bring to this role?

Professionally, I have over 25 years experience of

- **people management and Human Resources** enabling me to consider and understand the impacts of proposed changes on patients, carers, staff and suppliers
- working with management teams, asking questions and influencing useful for representing the members' interests and bringing them to bear on decisions made by the Board
- **organisational change and consultancy** identifying opportunities for change, shaping how changes are made, focusing on the people side of change e.g. communication and training for new ways of working
- **quality and performance** ensuring quality standards are achieved and improved where necessary

## Garry Williams (governor standing for re-election)



#### Why do you wish to carry out this role?

It really matters that all who work for this NHS Trust in its 7 hospitals understand the frustrations faced by some Patients their Carers, Family and friends: the emotional and physical challenges and how long things take. Also that Staff trust and value us family and friend carers as much and sometimes more than paid carers and escorts.

This is a wonderful NHS Trust with wonderful friendly competent staff. Lots of recent work done to make staff aware and identify individual needs promptly for care and discharge.

#### What skills do you feel you bring to this role?

My family as team and individuals have cared for parents g-parents and closely supported son/bro from age 3. He has 2 disabilities and is also Patient of Heart Institute. I am from Westcountry farming and church family, former soldier and headteacher very young, young, middle children. Have given patient/public/carer input at London GOSH and Institute of Child Health, South Central Ambulance NHS Service and Local Social Services.

#### Any other information that you feel is relevant:

I ask Adult-Patient Carers to support me again. I have experience that allows getting to as many meetings etc. as poss woven into caring. We do not need a governor vacancy. I am very proud to have been part of UHB NHS FT and had opportunity to inform learn and challenge.

#### Declaration of Interests: Political Party: Conservative Financial or other interest in the Trust: None

Candidate has attended 17 out of a possible 19 Council of Governors meetings.

#### Wendy Gregory (governor standing for re-election)



5 years ago, I become a Governor for this new Foundation Trust. My background is in Marketing and Communications working at director level and I have lived locally all my life.

I have extensive experience of being a carer to a disabled daughter with complex needs, a terminally- ill husband and three parents and in- laws with a variety of serious geriatric conditions. Through managing these relationships and conditions I became aware of both the excellent quality care this hospital delivers everyday but also its weaknesses. I decided to try and raise awareness of areas of concern to see if I could have an influence on raising standards across the hospital campus and medical divisions.

I work with vigour, compassion and with a strategic head to support our Board and NEDS to be the best they can, but have always been an objective critical friend. I remember every day that I represent you

and your loved ones and for that reason have been an active member on most, if not all working groups covering Quality, Strategy, Appointments, Carers Groups and Communications, taking time off only when my husband died early in Feb 2012.

I would love to complete my final term of office as we have huge challenges facing us within the NHS and we need experienced governors on the team.

My strength is in good communications, empathy and a focus on quality care which should be at the core of everything we do here. I welcome the challenge.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Candidate has attended 16 out of a possible 19 Council of Governors meetings.

University Hospitals Bristol NHS

# candidates' election statements

## **Election to the Council of Governors 2013** Patient: Local Patient

Please read the enclosed candidates' election statements before casting your vote.



## **INFORMATION**

## Angelo Micciche



#### Why do you wish to carry out this role?

I'm very passionate about the NHS. I've been an UHB patient for over 30 years and want to give something back for the care I have received in that time.

I will listen and promote the interests of patients and others in a compassionate and professional manner, whilst working appropriately with The Board to make a positive difference at UHB. I have the knowledge and experience both professionally and personally to make a difference.

#### What skills do you think you bring to this role?

I currently work for another NHS trust in clinical research at a strategic level in Bristol, which gives me insight into NHS challenges etc. It also means I am conversant with relevant current local, regional and

national issues.

I have over 20 years of management experience covering for example, various HR and improvement initiatives, strategic organisational change and leadership, project management skills, purchasing and tendering, operations and workforce management, facilities management, business planning, combined with exceptional communication skills.

#### Any other information that you feel is relevant:

Working in research has taught me how vital research is to patients and the NHS in terms of new treatments, procedures, medications etc., which saves the NHS money long term.

I'm passionate about UHB in particular.

I suffer from a long term chronic health condition which means I am familiar with the hospital from a patient perspective due to regular in/out patient visits. I've seen many changes over the last 30 plus years good and bad, experienced exceptional healthcare and not so good.

I want to make a positive contribution and feel I'm capable with your support!

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Raymond Phipps**



#### Why do you wish to carry out this role?

I have lived in Bristol for many years and have been a patient on several occasions. My family and also many friends have benefitted from excellent healthcare provided by highly skilled and compassionate doctors and staff. I have a keen interest in the future work of UHBT and serving on the council of governors. Personal experience has given me a good understanding of the range of healthcare issues and the resources needed to deal with them. I believe that care of the highest standard with good integration of the agencies involved should be available to all. It would be a privilege to contribute to the effective running of the Trust.

#### What skills do you think you bring to this role?

During my working life I have successfully held a wide range of positions from Engineer to Divisional Manager. Serving on company executive control committees gave me experience of the day to day operation of divisions within a large corporation. Roles have included responsibility for contract negotiation, financial performance, technical and strategic development. Dealing with large capital projects, I have visited many countries to precisely identify customer needs and the means satisfy them. To achieve profitable results I developed good interpersonal and communication skills.

#### Any other information which you feel is relevant.

UBHT provides essential healthcare from birth through childhood to our later years. Developing and sustaining this for the future is most important. As a member of the council I will use my best endeavours on behalf of patients to achieve that outcome.

## Lizette Anayo



#### Why do you wish to carry out this role?

Being a patient as well as a relative of a patient, I've experienced how patients are taken care of. As a result of this, I am able to relate to other patients and their relatives and bring their concerns or worries to the board of directors so they can be sorted. I care very much about helping people in every way I can and also boosting their health which is very important to me as I aspire to become a medical doctor. I believe that happier patients are a lot healthier. While volunteering at the Bristol Royal Infirmary I meet patients every week. I do my best to fully reach out to their needs and would do the same for other patients too as well as the trust. Being a governor would also give me an insight into how the trust works.

#### What skills do you feel you bring to this role?

I am a good listener, easy to talk to and hardworking. I have good time management and organisation skills. I am also a good communicator. Because I work with so many people, I can relate to a larger variation of people. I am also passionate about everything I do.

#### Any other information that you feel is relevant:

If elected as patient governor, I will give it my all and do my very best to be a good middleman between the trust and the patients.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## Dr BP Upadhaya



As a Healthcare Consultant and patient of UHB I have a well founded knowledge of the NHS and patients. As a governor my aim would be to find the patient's opinions about healthcare provided, identify their needs of quality care and how they would want their need to be fulfilled.

I desire to represent patient's views, feelings, thoughts and ideas.

I will advocate for dignity, privacy, confidentiality, inclusion, discrimination, respect and individuality, the best Care Possible is provided either inpatient or outpatient.

I accept, problems exist within the NHS, I strongly believe these can be tackled to make the NHS more effective.

I have experience in corporate, clinical governance, social services, charities, and business sectors. I was particularly moved by various experiences with different people and areas.

I have worked in Asia, America and Europe, have a PhD in Clinical Psychology, Doctoral degree in Health Sciences, Completed various projects in Local National and Internationally.

Besides qualifications and experiences in various sectors, I have the will power to gain success in a role and responsibility of my duties of Governor of UHB.

I have worked in strategic and operational areas in different organisations.

Given the opportunity, I will effectively represent my constituency as I believe; I have strong communication, team working and analytical skills, good understanding and knowledge of the local area and needs of the people.

I believe I have practical knowledge and optimism to help make our trust efficient.

I would impact my knowledge and experience to improve UHB.

## **Graham Mimms**



#### Why do you wish to carry out this role?

To give back to the community some of my time and skills in recognition of the help and support my family and I have received from the NHS over many years.

#### What skills do you think you can bring to this role?

My career is in civil aviation where I have worked in senior management, director and consultancy roles particularly in business development, operations and customer services. I was a founder member of several tourist heritage railway projects which are now major tourist attractions. Since 2011 I have served on an All Party Parliamentary Group (APPG) for trade and investment as an SME representative and I am currently working with UWE on a research and development project on aviation carbon footprint

reduction. I believe that my interest in research, experience of working with the public professional and technical staff in the voluntary, public and private sectors will help benefit the University Hospitals in Bristol.

#### Any other information you think relevant:

Having been on the receiving end of patient care and having recently recovered from a long illness I am very much aware of the exceptional work carried out by the hospitals in Bristol, North Somerset and South Gloucestershire. To be able to help and give support to patients and staff will be a great privilege if I am elected. I am aged 62, married, have two adult sons. My hobbies include driving heritage railway trains and flying as a private pilot.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## Page Nyame-Satterthwaite

	Why do you wish to carry out this role?
	The role of local patient governor is an opportunity to give back to the University Hospitals Bristol Trust which has helped me and many other young patients. I wish to carry out this role because:
Photograph not received	• It is essential that the Trust continues to be <b>young people friendly</b> -as a young patient I have first- hand experience of the provisions made for young people and would actively ensure that young people have a strong voice within the Trust.
	• Through the University Hospitals Bristol Youth Council I have helped <b>to maintain and improve</b> <b>young people's accessibility</b> to the Trust and as a governor I would extend the influence of this aim, particularly in easing the transition from the children's services to the adult services within the Trust for young people.

• **Respect** for the vision of the Trust drives my enthusiasm to strongly represent fellow patients, who know the hospitals' services best.

#### What skills do you think you bring to this role?

As a patient governor I shall bring you:

- Personal experience of the Trust as both a young patient and a member of the youth council; I am very passionate
  about making services the best they can be for all patients.
- Links with young people involved in the Trust through the youth council and enthusiasm to hear and advocate the needs and views of young people.
- **Ambition** to make a positive difference.
- Appreciation of the importance of the Trust to the wider community- I would strive to make sure that **your views** are welcomed and represented.

## Wendy McLean



Over the last four years as an outpatient I've experienced both the strengths and weaknesses of NHS care. I've seen how easy it is to be overwhelmed by the system and how hard it is to speak up when you're at your most vulnerable. Now, I'd like to use that experience to help other patients and to keep their concerns close to the heart of a much-valued service.

Over the course of my professional life I've learnt to be a good listener and an effective communicator. I'm used to digesting complex information and enabling others to do so. However, I believe that the most important skill that I can offer to this role is a clear and compassionate understanding of what it is to be a patient.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Colin E Clark**

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Why do you wish to carry out this role?

As a patient of the U.H.B.T. for many years I would like as a governor to help maintain the services they provide, and hopefully help improve these services. Also with the implimentation of the next step of the Health and Social Act 2012, would like the opportunity to help with the implimentation of these further reforms. It also appears that a lot of elderley patients are reluctant, or unable to express their views, I would like to provide the link to bring forward those views.

#### What skills do you feel you bring to this role?

During my working life I have been mostly been involved in engineering – research and manufacturing, also business management & cost control, in which I am still involved

#### Any other information that you feel is relevant:

Having served in the services, I feel that I can emphathise with the many patients from the services, who are being treated by the N.H.S.

## Rebecca Rowland



#### Why do you wish to carry out this role?

As a patient of the UHB I have experienced the services, noticed the quality of care, seen variation in medical supplies/tools available within departments and heard numerous opinions of staff, patients and visitors. Communicating such insights is a vital role and can have a very direct impact on continuous development. So much is done to a very high standard in UBH, but there is always room for improvement, even when this is curbed by limited resources. I wish to be part of the mechanics that endeavour to make the most of the resources and processes that improve the overall services within UBH.

#### What skills you feel you bring to this role?

My professional experience includes; marketing, consulting, negotiating, politics and change management. Personally, I am a problem solver, I enjoy being of service to people and contributing to the community in a meaningful way.

#### Any other information that you feel is relevant:

I am proud of Bristol and all that it has to offer. Bristol is very fortunate to have multiple hospitals, which have both general and specialist care.

They compete strongly nationally as well as on an international platform, in some very unique environments. Being part of the continued changes that develop and improve these assets to our community would be a great privilege.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

#### Pam Yabsley (governor standing for re-election)



#### Why do you wish to carry out this role?

After three years as a Governor I appreciate the challenges the NHS has had, and will continue to have, in delivering effective healthcare. I believe as Governors we have a vital role to both challenge and support the Trust in providing best possible outcomes for all patients.

#### What skills do you feel you bring to this role?

BSc (Nursing) RGN ONC. (Retired) Thirty eight years of both clinical and management experience in Bristol and Somerset.

I believe high standards of care and compassion should be given to all patients, carers and families.

I have excellent communication skills which are essential to the role as Governor.

#### Any other information that you feel is relevant:

I have personal patient experience in both Cardiology and Oncology at UHBrisol. Whilst overall I received excellent care there were issues that needed to be addressed and resolved to assure better patient care in the future. I have the personal experience to see the issues from the clinicians and from the patient's perspective. My Skydive in September 2011, which celebrated five years from end of cancer treatment, raised £2,064 for Ovarian Cancer Research in Bristol.

I am a member of the quality focus group

I am involved in the Patient-Led Assessment of the Care Environment (PLACE)

I regularly conduct formal Outpatient Surveys

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Candidate has attended 11 out of a possible 11 Council of Governors meetings.

## Abbas Akram



#### Why do you wish to carry out this role?

The role as governor will undoubtedly broaden my knowledg regarding the trust and how exactly it functions. I also feel that I would be able to make a valuable contribution towards the trust by expressing my views on future plans, as well as those of the youth council, of which I am a member. Being a governor would be an invaluable experience and my only hope would be to fulfil this role to the best of my ability, if selected.

#### What skills do you feel you bring to this role?

I am currently 16 years of age, and so I feel that I could provide an alternative perspective on things, in particular with the children's hospital. Responsibility is at the centre of the role of governor, and I believe

I am well suited to deal with it. I currently volunteer at both a care home and my local Oxfam charity shop, and I feel that such tasks require a certain amount of maturity to carry out in a sensible manner, which I could equally apply to the role of governor. Moreover, volunteer work has really helped develop my inter-personal skills and I thoroughly enjoy working with others.

#### Any other information that you feel is relevant:

I am currently studying Philosophy and Ethics, French, Chemistry and Biology at QEH in year 12, which clearly expresses my future career interest – that of medicine. I believe that role as governor would provide me with skills necessary for a career in medicine, and I will have a much better understanding of the NHS and also about care for patients.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Elliott Westhoff**



#### Why do you wish to carry out this role?

I'm a 23 year old patient with a congenital heart condition and am a long term service user of UH Bristol. As patient governor, I want to be an advocate for all patients, especially children and young people, and those with long-term conditions. I understand what it is like being an inpatient and attending frequent outpatient appointments at the Trust. I also understand the problems associated with living with a long-term condition. I believe these experiences make me a well-suited candidate. I want to be part of shaping the strategic future of the Trust and ensure it continues to be successful.

#### What skills do you feel you bring to this role?

I have strong analytical skills gained through my law degree and my master's degree in healthcare leadership and service improvement, so I will be able to understand and evaluate the vast amount of data presented in board Council of Governors meetings. Through my NHS management training, and voluntary work with national heart charities, I have developed excellent communication skills, which will be essential in representing the interests of patients, and in holding the Non-Executive Directors to account.

#### Any other information that you feel is relevant?

I have previously worked at the Trust as a manager in the Surgery Division so I understand the structure of the organisation and its current change programmes.

I currently work at North Bristol Trust as a project manager for Long Term Conditions. I also regularly volunteer for a local community interest company promoting and celebrating equality and diversity in Bristol.

## Prof John Steeds (governor standing for re-election)



#### Why do you wish to carry out this role?

I have now had three years as a patient governor and am now even more strongly committed to enhancing the service offered by the UHB Foundation Trust. These are difficult times for the Trust and as considerable strengthening of the Governors' role is anticipated I want to be able to make an effective contribution to future developments.

#### What skills do you feel you bring to this role?

I became a governor with experience of dealing with the University of Bristol as the Head of Physics and with a long history of championing the ultimately successful Science Park at Emersons Green. Over the past three years as a governor I have served on the Nominations and Appointments Committee, the

Strategy Working Group and the Joint Arts Group and have been an observer on the Research Committee. In June 2012 I was elected Governor Representative. I believe that I have useful experience to equip me for a further period of office.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Candidate has attended 16 out of a possible 19 Council of Governors meetings.

#### Petra Regent



After 30 years in wildlife television, I am now working part-time, giving me more time to devote to other areas of life that I feel are important. This includes giving something back to my local community and institutions that I believe are vital to the well being of society: one being healthcare.

As a patient who has benefitted from treatment at the BRI and other local hospitals, I would welcome the chance to be an ambassador for University Hospitals Bristol, as well as being an objective and honest voice that represents patients' diverse interests. Last January I became a member of the University Hospitals Bristol NHS Foundation Trust, and I would feel privileged to be even more closely involved if I were elected onto the council of governors.

I moved to Bristol in 2002 and worked with the local community in Stokes Croft, starting a "local action group" that brought shop owners, residents, councilors, drug rehabilitation shelters, and the police together, in an attempt to improve the environment for all who worked, lived in, or used the area for recreation. As the only woman invited onto the board of directors of the company I worked for, I believe I was partly responsible for bringing a more collaborative, less confrontational ethos to the table. I believe that I am fair and objective in my assessment of factual information and do not allow my decisions to be clouded by personal interests or beliefs.

## Lukon Miah



#### Why do you wish to carry out this role?

The wellbeing of the hospital is important as it is an integral part of the community, so I will, as governor for local patients; work hard to improve on its current services. The role of governor is appealing because it builds on my current experiences and provides a platform to ensure that the collective views of the public, on healthcare, come to fruition.

#### What skills do you feel you bring to this role?

My participation in the Duke of Edinburgh awards display an understanding of teamwork and a high level of determination, which is further exemplified by my role in school sports which I have continued to play 7 years. The role of governor requires commitment which I have shown though my extensive

volunteer work of over 700 hours in the past three years.

Moreover, being a Foundation Trust member and partaking in many of their events has helped me grow an understanding of the services provided by the hospitals, in treatment and beyond. Being a part of both the NHS Youth Council and Young Healthwatch, and working with the 'mystery shopping' team which takes a critical eye to hospital services, I have demonstrated a keen attitude to health services and an interest to voice my opinion in public sectors.

This, I hope, shows that I will not shy away from the added expectations of a governor to stand for their beliefs.

#### Any other information that you fell is relevant:

I aspire to study medicine so my interest in healthcare is one which will stay strong through a possible role as governor.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Cllr Alf Havvock**



#### Why do you wish to carry out this role?

A life time of medical problems has been my lot, this has given me a strong perspective on the function and workings of a hospital. My experiences have helped me to become the person I am.

I have used the medical services of every one of Bristol's hospitals from the age of twenty and have received quality treatment and help in dealing with my problems in each one. I have seen many changes to the hospitals starting from when the BRI was just two buildings and medical procedures were much less complicated.

The staff at these hospitals have helped me through the years so I would welcome the opportunity to help in any way I can in making the trust the best.

#### What skills do you feel you bring to this role?

My problems have given me a philosophical outlook on life which helps me in my role as a councillor. I have to be open minded, sympathetic, and caring in my approach when dealing with problems.

My integrity is very important to the people who come to me for help and I would continue with this principle when working as a governor.

One of my official duties is to be a member of a planning committee, I have been trained in planning law,

#### Any other information that you feel is relevant:

I note that the trust has organised consultation meetings to discuss sustainable hospitals; the concept of sustainable communities is at the heart of Liberal Democrat policy and beliefs; so I attended one of the meetings recently which I found very interesting and informative.

#### **Declaration of Interests:**

Political Party: Liberal Democrat Financial or other interest in the Trust: None

## **Dennis Frank Tyler**



#### Why do you wish to carry out this role?

Born in Bristol leaving once to serve over 4 years in Royal Navy 1942.

Have been in most Bristol Hospitals, as patient or visiting my family, also Southmead and Frenchy Hospitals.

Having always had excellent care, my wish to repay is this kindness is one reason for wanting to help

Having written to local newspaper praising Doctor and Nurses

My visits to Eye Hospital and Dermatology continue.

#### What skills do you feel you bring to this role?

Having spent over 50 years in various jobs manual, salesman management and Company Director

Helped raise funds for incubaters for Childrens Hospital and Baby Unit.

My wife had Alzheimers whom I nursed for 10 years still missed.

Can take on any challenge with confidence. Good memory and able to make decisions. All questions have answers. Actions better than words

University Hospitals Bristol **NHS** 

# candidates' election statements

## **Election to the Council of Governors 2013** Patient: Patient Tertiary

Please read the enclosed candidates' election statements before casting your vote.



## **INFORMATION**

## **Tony Rance**



Having experienced excellent treatment over the last five years from the NHS I feel I should be giving something back. For the last thirty years I have held senior positions in a very intensive customer related industry whilst also being involved in leading teams on some very large capital projects. I am not a clinician or medical person, I am a patient and look to represent the Members from their viewpoint.

We are told that the Trust benefits enormously from the voices of Members and Governors, and will do more so in the future. It is essential that the Members are able to have contact with the Governors they vote for.

Should I be fortunate enough to be honoured with your support, all the Members within the constituency will receive a dedicated telephone number and E-mail address specifically for members so

that they can express their views, (This number would be funded by me as your representative.)

It should be noted that this contact number WOULD NOT BE FOR COMPLAINTS, the Trust already has perfectly adequate channels for such matters. It would be so that you the Members have a channel to air your views on how The Trust, your Trust is run.

In the past I have been involved in organisations were the Members/Clients opinions are not only worth listening to but also very important.

I feel I can contribute a great deal to the Trust and sincerely hope I receive your support

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

### Mani Chauhan (governor standing for re-election)



#### Why do you wish to carry out this role?

I am standing for the re-election as I feel that to really get to know the role and do it some justice it will take a few years. I am only just beginning to get to know the role and to leave now would not benefit the NHS.

I am an out-patient at Bristol and so can take a view from the patients perspective and therefore present the views on behalf of patients. Bristol UH helped me considerably and I would like to re-pay that kindness and good service and help build upon for future patients.

#### What skills do you think you can bring to this role?

I am a Chartered Surveyor and a Director of an international property company. I hope to bring some qualities of a Director into the role of Governor and in a professional manner. I am able to communicate effectively and can debate. I also have the ability to see many sides of a discussion and the different views which I feel is vitally important in such a role.

#### Any other information you think relevant:

I will always look upon this role as a patient and what is good for the patient and benefits the NHS for future patients.

#### Declaration of Interests: Political Party: Conservatives Financial or other interest in the Trust: None

Candidate has attended 2 out of a possible 2 Council of Governors meetings.

## **Gwen Whitford**

	Why do you wish to carry out this role?
Photograph not received	In 2002 I arrived at the Bristol Royal Infirmary, lost and trying to find my way to the department. I could not find anyone around to help me. It took about half a hour to find where I was going. This is where I hope to help people out.
	I think that I would able to be good at talking to people who might have or could have same problems as me.
	My problems are Asthma, Arthritis and Dyslexia.

#### What skills do you think you can bring to this role?

I what my skills that I can bring to help out are the following.

I like to help all people out so they do not get lost and knowing what my problems are and where it can help out at all times.

#### Any other information you think relevant:

I do not have a car but living in Wells, Somerset, we have a good Bus Service to Bristol and the Bus Station is only about 10 to 15 minutes the Bristol Royal.

Also I know there is the free hospital Bus to all the other hospitals which I have used.

University Hospitals Bristol NHS

# candidates' election statements

## **Election to the Council of Governors 2013** Public: Bristol

Please read the enclosed candidates' election statements before casting your vote.



## **INFORMATION**

## **Raymond Anthony Raine**



#### Why do you wish to carry out this role?

I believe that there is a cultural change taking place in the approach people have to large institutional hospitals.

I also believe that the relationship between doctor/nurses to patients is also changing.

I also believe that the patients have more information now than ever before and so they have the ability to take charge of their healthcare.

I also believe that patients would prefer to have a holistic approach to their healthcare.

I believe that I can help these changes to be accomplished through networking, personal support, my

personal experience.

#### What skills do you feel you bring to this role?

**LEADERSHIP** Ability to motivate others, Clear vision, Initiating projects Innovative insights

**MANAGERIAL** Policy making and strategic planning, Supervision of staff and volunteers, Finance and budget control, Evaluation and monitoring

**COMMUNITY BUILDING SKILLS,** Communication skills, Networking, Ability to bring people together, Innovative models of community groups, Empowerment of individuals, Capacity building with women and Ethnic minority groups

#### Any other information that you feel is relevant:

Manager of an HIV /AIDS project in the 1990s when the virus was at its height

Chair of the Princess Royal Trust for Carers Tower Hamlets for six years

I set up and chaired a Healthy Living Centre –without-walls in Tower Hamlets- the only one of its kind in the country

Vice- Chair of the Black Carers project in Bristol

Manager of the Royal National Institute of Blind People (Bristol) from 2001 -2007.

I was Volunteer Manager of Age UK in 1998-2001 and also at University of West of England from 2008-2010

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## Syed Kamran Hyder



#### Why do you wish to carry out this role?

I wish to become a governor as I hope to contribute effectively to the work provided by the UHBT, as well as provide a dynamic role in my community. Given that I will be volunteering at the Bristol Heart Institute, I will be provided with an ongoing insight into the strategic issues affecting the trust, and bringing those to the council of governors. Having had relatives use the services offered by the trust, I have a keen interest in it. I hope to ensure that the council reflects the interests of the membership community (such as the Youth Council) as well as public opinion.

#### What skills do you feel you bring to this role?

I feel that my strengths are my ability to show good communicative skills, as well as being a passionate speaker. Since applying for a governor, I have volunteered at a pharmacy, and am currently volunteering in a care home that specialises with patients that suffer from dementia, as well as a Charity shop, contributing to a total of 700 hours of volunteering. As a member of the youth council, I attend meetings on a regular basis, therefore I can share their views to the council. In 2008 I went to Pakistan to aid those who suffered from the 2008 Earthquake.

#### Any other information that you feel is relevant:

I am a profound member of Amnesty International. My passion to help those in need of relief, as well as improving the wellbeing of others reinforces my desire to become a governor.

## Munawar Gondal



#### Why do you wish to carry out this role?

- My interest developed to serve NHS . Because I have been benefited by NHS at very high standards in past. So I wish to invest my abilities into development of this organisation.
  - I can bring my experience( as Ex-patiant) for the betterment of Organization.
- I wish to work in the better interest of NHS
- My multi language skill will be benafitial for NHS.

#### What skills do you feel you bring to this role?

- I am expert in Dealing with Administrative and financial issues
- Debating and Media skills ( news paper, TV )
- Implimentation and Enforcement of Law and policies
- Good team player and a Good team leader.
- I belong to Asian back ground. It makes me highly suitable to maintain the divercity at this role.
- I can speek and understand 7 languages of Asian region (Urdu, Hindi, Punjabi, Kashmiri, Hindkoh, Pahari, Sariki,)

#### Any other information that you feel is relevant:

- I was member of "Bord of Governers" of Solon Housing Association (South West England) for 3 years.
- Qualified Associate Civil Engineer with 22 year experience of national and international projects, such as "WORLD BANK" and "U.S.AID" financed projects
- Member tender opening committee
- Membertechnical evaluation committee
- Technical assistant to Chief Engineer for 18 years and Worked in capicity of section incharge, in Oil And Gas exploring fields
- Prepaired tender documents / drawings / and technical specifications for bill of quatities.
- Prepared running and final bills of contractors / suppliers
- Solved technical / administrative / financial problems on own initiative

#### **Declaration of Interests:**

Political Party: None Financial or other interest in the Trust: None

## Samantha Britton

#### Why do you wish to carry out this role?

To help people in Hospital and out side of the Hospital and I would like to work with elderly people too and children and help them get better and I like too talk to more people of my age.

## Photograph not received What skills do you feel you bring to this role?

I like to do this role because the paients dinner are not right for the paients and they are moaning because they are not hot enough and I would help the paients and talk to them.

The skills I have for this role listening and communicaton.

## Any other information that you feel is relevant:

This role would help me further life skills

## Zoe Veal



#### Why do you wish to carry out this role?

I'm passionate about healthcare and I strongly believe in the underpinning principles of the NHS. As a nurse educator, I'm keen to see strong links forged between education and clinical practice, ensuring that the evidence based practice which students are exposed to in the classroom is matched by the clinical experience and practice they witness on the wards. It's my believe that this starts with transparent and accountable Trust management, enabling staff on the front line to deliver safe and compassionate care which in turn is reflected by those who are the future of the NHS.

#### What skills do you feel you bring to this role?

I'm a Registered Nurse with over 20 years experience of children's nursing in the Bristol area. My current employment is as Senior Lecturer and Programme Manager for the BSc (Hons) Children's Nursing at UWE. As well as holding a nursing degree, I'm working towards the completion of an MSc in Teaching and Learning for Healthcare Professionals. I'm used to working and communicating with a wide range of people of different ages, abilities and backgrounds and have experience of acting as a patient advocate through my previous role as a Registered Nurse.

#### Any other information that you feel is relevant:

As a previous NHS patient, I also have personal experience of the frustration caused by postcode lottery healthcare. I believe this not only discriminates and excludes patients, but undermines the principles of the NHS as a system of healthcare which is free at the point of need. I am therefore able to empathise with and represent those disenfranchised by the system.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Brenda Elizabeth Rowe**



#### Why do you wish to carry out this role? I am a huge supporter of the NHS and believe it should be preserved at all costs for the benefit of all.

It is currently undergoing a re-organisation. Patients, families and carers are being put at the heart of healthcare, planning and delivery of services. I have an elderly parent and two grown-up children and we all rely on the NHS. Public confidence has been shaken by the Francis Report. There are now powerful indicators about what must be done to return the NHS to the service of which we can be rightfully proud. I would like the chance to play my part in ensuring the NHS continues to strive for excellence and achieves the best clinical outcomes safely and in the most appropriate environment.

#### What skills do you feel you bring to this role?

I have worked all my adult life in the media. I was a reporter/presenter for HTV until working as a correspondent and newsreader for ITN in London. In 1994 I set up a documentary production company in Bristol producing factual TV programmes. I am now retired and became a Bristol Magistrate in 2008. I feel my life experience as a journalist/TV Producer will serve me well as a Govenor. I have seen all sides of life and met all kinds of people. I have a strong sense of fairness and would work to ensure people get a fair deal from the new NHS.

#### Any other information that you feel is relevant:

My media work gave me insights into the work of the NHS and dedication of staff at all levels.

## **Glyn Davies**



#### Why do you wish to carry out this role?

As a governor I would try to help transform the NHS from an organisation geared to achieving management objectives to one that supports doctors, nurses and ancillary staff in meeting patients' needs.

My special concerns are for -

- older people
- ethnic minorities
- □ people with learning difficulties
- $\Box$  working closely with unions.

I am against –

- 🗆 jargon
- □ unnecessary delays in communicating
- □ harrassment of whistle-blowers
- □ political correctness.

#### What skills do you feel you bring to this role?

For the past 20 years I have been a volunteer with the Complaints Procedure Advocacy, so I know how hard it can be for vulnerable people to make their needs and views known. Hospital patients often feel vulnerable, and it is really vital to improve communication.

After training as a male nurse, I became a teacher in hospital and special schools, and later a lecturer, contributing to courses in professional ethics for nurses and social workers at Bristol Polytechnic.

As a trained counsellor I am used to listening attentively, and 18 years as a Bristol magistrate have given me skill in dealing with legal language and negotiating with colleagues. I have also been a trustee of Bristol Royal Society for the Blind, Bristol Drugs Project and Age Concern, and volunteer with several local charities.

#### Any other information you feel is relevant:

Governors should not become too comfortable. Fresh ideas are always needed, so after one term I shall not seek re-election.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

#### Mariya Rana



#### Why do you wish to carry out this role?

As a Dental student at Bristol Dental hospital I feel it is my duty to learn more about the NHS and aim to improve the service it provides, just as I aim to improve myself to become a Dental professional. The NHS run hospital has provided me with the means to practice my future career. I would like to give something back to the hospital trust in return for the life-changing service it has provided for me. My main aim if elected would be to ensure equal access for all patients. Every patient has a right to be represented and have their individual needs fulfilled. I want this to be put into practice.

#### What skills do you think you bring to this role?

I have been team accountant for a group of 17 people over the course of a Month on a 'World challenge' expedition in India. This has given me awareness of budgeting and how to handle money. I also played the role of team leader when on the 'World challenge' expedition and proved my ability to work well in a team. I have also recently taken on the responsibility of becoming social secretary in a societal committee at my university.

#### Any other information which you feel is relevant.

I am a fair individual who aims to represent everyone's individual needs.

#### **Declaration of Interests:**

Political Party: None

Financial or other interest in the Trust: I am a dental student at the Bristol Dental Hospital (run under NHS).

### Sarah Warren



I would like to be a governor because I feel I am a good candidate to represent <u>members of the public</u>, <u>patients</u>, and <u>NHS staff</u> equally. I am 18 years old, and have had medical issues since birth. This has meant I have spent time as an in-patient and continue to be an out-patient in the University Hospitals Bristol NHS trust. The experience has provided me with an insight into what the NHS is like from a <u>patients' perspective</u>. Therefore, the role of governor has become important to me because I am interested in receiving feedback from members of the public, and patients, and trying to make improvements to better NHS services in Bristol.

My further experience working as an <u>administrator at a GP surgery</u> in South Gloucestershire has provided me with knowledge of what it is like to work within the NHS. I understand the importance of privacy and confidentiality when dealing with patient feedback and complaints, and am able to work as part of a

team, making decisions to provide a high quality of patient centred care.

I am also a good candidate because I can represent the views of <u>young people in Bristol</u>. With the help of aids such as social media sights, I could ask the views of my peers about changes the Trust would like to make. This would enable me to be the voice of young people in Bristol, bringing a different view point to governor Council of Governors meetings.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## Ann Jose



#### Why do you wish to carry out this role?

I want to be the voice for the patient; the youth and the public. I want to help make informed choices about the future career path available for young adults. I want to help young people gain more work experience to develop skills and improve their knowledge and understanding of the working environment. I mainly would like to contribute because I want improve my community. This would be a wonderful experience to help make the right decisions for future of the NHS.

#### What skills do you feel you bring to this role?

I consider myself friendly, trustworthy and hardworking. I enjoy working in team and by my own initiative. I am a part time waitress and I have organised fundraising events. This shows that I can

complete a wide range of activities requiring clear communication, excellent organisational skills and show attention to detail as well as work well under pressure and meeting deadlines.

#### Any other information that you feel is relevant:

I volunteer at Southmead Hospital and I have been doing this since 2010. While it can be challenging when faced with the deteriorating health of patients, it can be gratifying to see the positive effects of good quality medical treatments and therefore I have a great deal of respect for the staff and the NHS trust. I understand that the NHS trust is not always about diagnosis and treatment, but about the quality of care it provides for the patients. Essentially, I would like to gain insight into the services that the NHS provides and explore ways to improve the current method of care. There will (statement cut at word limit)

## Janet Elizabeth Roxburgh



#### Why do you wish to carry out this role?

I am passionate about the NHS, an organisation that I have worked in for many years. I am a caring person and I would like to use my skills and experience to make a difference, and help the Trust to deliver a high standard of care in an efficient manner.

#### What skills do you feel you bring to this role?

I am a registered nurse and understand the NHS from working in clinical and management positions. I have an awareness of the need for good communication, and I am studying a MA Intercultural Communication to widen my communication skills. I am confident and articulate with a positive outlook, and not afraid to ask challenging guestions and seek a response. I am a good listener and respect

confidentiality. I have independence of mind and always strive to exercise good judgement. I am committed and motivated and I manage change well. I am organised and manage my time well, and can work on my own, but equally as part of a team.

#### Any other information that you feel is relevant:

I believe in being consistent and fair, and promoting equality and diversity. If I am elected I will try my best to meet with my constituents and always represent their views, raise their concerns and be an effective voice for them. I want to be able to raise concerns and ensure that they are listened to and acted upon. Thank you for voting for me.

University Hospitals Bristol **NHS** 

# candidates' election statements

# **Election to the Council of Governors 2013** Public: South Gloucestershire

Please read the enclosed candidates' election statements before casting your vote.



## INFORMATION

### **Tony Tanner**



#### Why do you wish to carry out this role?

I would like to become a Governor of the Trust for the following reasons.

Firstly, having been a former patient, I would like to give back some of my time and experience to enable the Trust to maintain and continue its good work.

Secondly, skills and experiences gained over four decades in a continuous working environment starting as an apprentice, managing a business, running my own business and finally working for Her Majesty's Government. If I can improve the quality of care by sharing my experiences and applying skills I have obtained, then I hope to help design the future of health care.

#### What skills do you feel you bring to this role?

I have a wide range of skills in communications, marketing, advertising, photography and print.

I listen and I am not afraid to stand up and ask "why"

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **James Baxter**

Photograph

not received

#### Why do you wish to carry out this role?

In today's society, there is an increasingly evident lack of clear forward thinking to make solutions meeting the needs of the present, but that have the longevity to serve the next generations. As a young person, I offer the additional perspective of tomorrow's working generation, to help ensure today's demands do not compromise what we will require in the future.

#### What skills do you feel you bring to this role?

I have no political bias that influences my decisions; the ideas and concepts that I relay are those solely based on the foundations of logical and meaningful thinking for a progressive future rather than for any political agenda. I feel that this clarity, which places moral obligation over politics, is essential to maintain

the high standards of this foundation trust.

#### Any other information that you feel is relevant:

For the past 3 years, I have been a member of the University Hospitals Bristol Youth Council and I would like to extend my current services to ensure that the trust develops sustainably. Through my academia and social activities, I am in constant contact with a large range of ages, ethnicities and political persuasions in the South Gloucestershire constituency. I therefore can be considered a thoroughly representative voice to ensure the successful continuity of this trust.

## **Anthony Curtis**



#### Why do you wish to carry out this role?

I wish to carry out this role because I wish to reward the Frenchay and Southmead Hospitals for there wonderful treatment they have given me. I think I write with experiance as I have had eight operations at Frenchay and four at Southmead Hospital.

#### What skills do you feel you bring to this role?

The skills I bring would be that I am on my own doctors public commitee who look after patients complaints about doctors and the surgery in general and express improvements the patients request. I feel that I understand the patients requests and why they have made suggestions.

#### Any other information that you feel is relevant:

I go to Downend Day Centre where I am the chairman of the Client Commitee. The commitee's commitment is to arrange sales at Christmas, Easter and mid summer. The object of this is to make money to enable us to buy prizes for further events.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## Pauline Beddoes (governor standing for re-election)



#### Why do you wish to carry out this role?

I would like to continue this role as my nursing background has enabled me to witness positive change & to help to initiate progress within the trust during my term of office. I have raised the profile of mental health, raising issues & concerns at executive level and closely monitoring progress. Being involved in the refurbishment of Clinic 7 has provided immense benefits to both staff & patients within the mental health specialist unit. Part of the role of a Governor involves listening to & learning from experience. As a nurse I am more focused on the holistic care of the patients, their environment & their future well being.

#### What skills do you feel you bring to this role?

I am professional at all times, have excellent communication skills and my nursing background has enabled me to view objectively the very many changes within the NHS at this moment in time. Governors are known informally as 'critical friends' This phrase sums up my role – to give the Trust my support whilst keeping a watchful eye over its activities. The aim of being critical is to help the trust do the best it can for its members & wider community.

#### Any other information that you feel is relevant:

I remain active within my profession & maintain links with local service providers within the field of primary care.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Candidate has attended 13 out of a possible 19 Council of Governors meetings.

University Hospitals Bristol NHS NHS Foundation Trust

# candidates' election statements

## **Election to the Council of Governors 2013** Staff: Nursing and Midwifery

Please read the enclosed candidates' election statements before casting your vote.



## INFORMATION

## **Ben Trumper**



I'm Ben, I'm a Charge Nurse in Intensive Care at the Bristol Royal Infirmary.

At a time of uncertainty within the NHS, it is crucial that the voices of nurses and midwives are heard and their interests represented at all levels.

We all want to deliver the best care for our patients, whatever area we work in. At the same time, we're all under a lot of pressure to do more for less. The NHS is changing, and UHBristol is evolving with it.

Nursing staff are uniquely placed to observe the real impact on patient care. I want to make sure this perspective informs decisions and shapes the future of our Trust.

Working in Critical Care I experience first hand the strain we are all under. I also see the commitment and determination of staff to make things better. I want to bring this positive attitude to the Council of

Governors and ensure we are part of the solution, helping to make a better Trust for everyone.

Working as a nurse for over twelve years, I have developed valuable interpersonal and communication skills as well as a keen appreciation of the nursing profession, its diversity, priorities and values. I am organised, efficient, dedicated and enthusiastic. Having also worked as a charity Trustee for several years I have a thorough understanding of good governance and strategic planning.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: The Trust is my employer

#### Florene Jordan (governor standing for re-election)



#### Why do you wish to carry out this role?

I am reapplying for the role because I would like to continue to help make a difference, in these challenging periods. I have been in the role for 3 years, I have completed my "apprenticeship" and now have the knowledge, understanding and confidence to be a more skillful and effective voice for my constituents. As I help the Trust to deliver effective, efficient care, to patients, staff and the community as a whole.

#### What skills do you feel you bring to this role?

I am a registered nurse, and have worked in the NHS for many years in all areas of adult and paediatric nursing and have gained valuable skills and experience. I am also a school governor. I currently work

as a Theatre Practitioner. I am a people person, caring compassionate, respect confidentiality, a good listener, is motivated and committed, manage time and change well. Communicate easily with people at all levels, a team player, whilst retaining independence of mind and good judgement.

#### Any other information that you feel is relevant:

The experience I gained over the past 3 yrs has taught me how best to use and enhance my skills. I am not afraid to ask probing questions and voice your concerns at Board Level. I believe in equality and diversity. During the past 3yrs in the role I have raised concerns on the behalf of my constituents, we were heard and changes were made. Should I be re-elected, I will be visible and continue to earnestly represent your views and raise your concerns. Thank you for voting for me.

#### Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

Candidate has attended 17 out of a possible 19 Council of Governors meetings.

## Gemma Gregory



#### Why do you wish to carry out this role?

I have worked for the trust for over 10 years and value there commitment to myself and other staff.

I would like to contribute to decisions made around these commitments with enthusiasm and support.

Also in these times of challenge and change within the health service and trust it would be great to have a nurse input within the forum.

#### What skills do you feel you bring to this role?

I communicate well within a team and have a personal interest in the trust as a employee.

I am enthusiastic and work within a high standard of care in my area of speciality.

I value other peoples opinions and try to take a universal approach to most things I do.

#### Any other information that you feel is relevant:

I have previously worked in membership teams at my local church in Exmouth with great success.

Declaration of Interests: Political Party: None Financial or other interest in the Trust: None

## **Mary Alderson**

Photograph

not received

#### Why do you wish to carry out this role?

I wish to represent the nursing profession and the committment to excellent patient care that we continue to strive to provide. Having witnessed and experienced a multitude of changes in practices & priorities over the past 30 yrs I believe the quality of care we provide to be paramount to all other issues. I wish therefore to be an advocate for the patient and a representative for the nursing profession as a governor.

#### What skills do you feel you bring to this role?

After 30 yrs in the nursing profession I have worked in a multitude of fields. I have also continued to study most recently in the area of health care ethics. I there fore have experienced how the NHS has

changed and have a theoretical understanding of the impact of these changes. I have been both a childrens nurse & an adult nurse and wish to use my experience to best represent the nursing profession as a governor

#### Any other information that you feel is relevant:

I have been a nurse in Scotland & England. For 10 yrs I worked as a flight nurse which allowed me to observe the health care systems in many other countries. I am proud to work in the NHS and wish to retain and build upon this wonderful service we give to the UK.