

Royal Cornwall Hospital Trust Truro, Cornwall



Teenagers and Young Adults With Cancer

Teenage and Young Adult Services

The Royal Cornwall Hospital Trust has three main sites in Cornwall.

Teenagers and Young Adults with Cancer are treated at the Royal Cornwall Hospital site in Truro.

The Royal Cornwall Hospital Trust provides cancer services for the county of Cornwall, which has a resident population of 535,000. The hospital sees more than half a million patient attendances each year but this includes a large percentage of holidaymakers that visit the county annually.

The needs of teenagers and young adults with cancer are met by Paediatrics and Adult Services; under 16's by the Paediatric Team, 16-18 year olds can choose to be treated in either Paediatrics or Adult Services (guidance will be given by the professional team to make the decision) and over 18's will be treated by Adult Services.

16-18 year olds who choose to be treated by Paediatrics will be treated by the local team in Cornwall and by the Principal Treatment Centre at University Hospital in Bristol. This may mean some time is spent in Bristol for treatment.

16-24 year olds who are being treated by Adult Services should have the choice to be treated locally or in Bristol. The NHS choices website can help with information to make this decision.

Patients who choose to be treated locally will have access to the same services and support as those attending the Principal Treatment Centre and their care needs and treatment plan will still be discussed with the Bristol team if consent is given.

Lowen Ward – In Patient Care – Adult Services

Lowen is an eighteen bedded ward for Haematology and Oncology patients. There is a female and male bay and seven side rooms. Two of the side rooms have been equipped especially for Teenagers and Young Adults with a TV, DVD, Play station or Xbox and a fridge to keep favourite snacks and drinks.

For patients in the shared bay areas there is a small room equipped with TV etc., as a place to spend some quiet time or to sit with friends and relatives.

Visiting time is 2.30 – 8.00pm but this is flexible for close relatives and friends.

There are phones in the side rooms for incoming calls only.

Six of the side rooms are en-suite. There is a varied menu available and alternative requirements will be considered and there are snack boxes for hungrier appetites.

There are fold down beds for relatives to stay if required.

Clic/Sennen Ward – In-Patient Care – Paediatric Services

There are four Clic Sargent beds all located in cubicles. There is also an adjoining adolescent unit where there is a day/activity room open to all teenage patients.

There is a ward/kitchen for parents and families to make their own food and a washing machine.

Other facilities: Play specialist/school room and teachers who provide liaison support with education facilities.

Ward routine: Lunch 12-12.30 hrs and dinner 5-6pm.

Visiting hours are open

There is accommodation for families which provides a place for parents to relax and sleep/shower.

If you would prefer to stay on the ward there are fold down beds available

Teenage and Young Adults Team (TYA)

Dr Anton Kruger - Consultant Haematologist and TYA Lead Clinician

Sue Derbyshire – Teenage and Young Adult Specialist Nurse

Dr Bryson Pottinger – Acute Leukemias

Dr Toby Talbot – Brain/Sarcomas/Melanoma Cancers

Dr Duncan Wheatley - Germ Cell Cancers

Dr Matthew Collinson – Thyroid Cancers/Radiotherapy

Dr Nicki Gilbertson - Paediatric Oncology Consultant

Dr Sian Harris - Paediatric Consultant – Late Effects Clinic

Kim Gill - CLIC Social Worker

Karen Berriman & Sue Turk – Clic Outreach Specialist Nurses

Vicky Britton - Youth Support Co-ordinator (Based in Bristol)

Nicky Beament - Adult Ward Manager (Lowen)

Mel Gilbert - Paediatric Ward Manager (CLIC / Sennen Ward)

Other members of the wider team include:-

Clinical Consultants in Haematology and Oncology

Clinical Nurse Specialists

Registered Nurses and Health Care Assistants

Physiotherapists

Occupational Therapists

Counsellors

Palliative Care Team

Clinical Trials Team

Useful Contact Numbers

Haematology Clinic	01872 252501
Sunrise Centre	01872 258300
Headland Unit	01872 258088
Lowen Ward	01872 252050
CLIC Unit/Sennen	01872 252069/ 252062
Paediatric Outpatients	01872 25263
Main switchboard	01872 250000

Where are we?

Headland Unit – Adult Haematology/Oncology

Outpatient Treatment Centre – Ground Floor, Trelawney Wing

Haematology Clinic – Adult Outpatient Dept

Link Corridor

Sunrise Centre – Adult Oncology Outpatients & Radiotherapy

Treatment Centre

Through Tunnel off the Link Corridor

Lowen Ward – Adult Haematology / Oncology Inpatient Ward

Link Corridor

CLIC – 16-18 years – Inpatient Ward

Children's Unit, 5th Floor, Tower Block

Paediatric Outpatients

4th Floor, Tower Block

Other Areas you may visit

X Ray Department

PET Scan – Out of County

Cardiology

Fertility Services

Nuclear Medicine

Breast Care Centre (Mermaid Centre)

Gynaecological Outpatients

Radiotherapy Department

Respiratory Department

CT Scanning Unit

Services Available to Teenagers and Young Adults

Support Group – meets on the third Saturday of each month
An opportunity to share experiences and support
and have some fun (Ask for Details)

Wig Referrals

Financial Grants

TYA Rooms in the Headland Unit – to help ease the boredom – a TV, DVD, PS3 and Wii have been provided plus a fridge to store refreshments for patients during their stay.

Realshare – A Social Networking Site to enable patients to share their experiences with others of similar age in the South West.

Education and Advocacy Support – Plans to go to University or College? Help to keep or get back on track or assistance to set up a work experience placement can be given. Ask for details.

Counselling Services – This is a well used service by patients and their families and can be arranged by a Clinical Nurse Specialist or the TYA Specialist Nurse.

Social Worker – Advice can be given on financial or social assistance through a CLIC Social Worker. The TYA Nurse Specialist can organise this

Useful Website Addresses

Teenage Cancer Trust	- www.teenagecancertrust.org
Realshare	- www.realshare.co.uk
NHS Choices	- www.nhs.uk
Royal Cornwall Hospital	- www.rcht.nhs.uk
MacMillan Cancer Support	- www.macmillan.org.uk
Penhaligon Friends	- www.penhaligonsfriends.org.uk
Youth Cancer Trust Holidays	- www.youthcancertrust.org
Teenagers & Young Adults with Cancer (National)	- www.tyac.org.uk
Teenage and Young Adults With Cancer (South West)	- www.uhbristol.nhs.uk/tya

CAR PARKING

Car parking on the Royal Cornwall Hospital (RCH) site is limited. Patients and visitors are encouraged to allow plenty of time to park before their appointment time. If you have difficulty finding a space when you arrive at the hospital, please ask one of the Q-Park car parking hosts patrolling the site.

The main patient and visitor car park on the RCH site operates a 'pay on foot' system. This means that drivers collect a ticket as they enter the car park and keep this ticket with them during their visit. Before return to their car, the ticket is placed in one of the payment machines located within the car park, and payment for the amount of time spent in the car park will be requested. These payment machines are able to provide change. The car parking spaces located outside the Tower Block use a 'pay and display' system of payment.

There are disabled parking bays and 'dropping off' points close to the three main entrances –Trelawny Wing, Tower Block and Princess Alexandra Wing. The 'dropping off' points are for very short stays only. Please park in the main car park if you are staying with a patient after dropping them off.

Charges for the patient/visitor car parks on the Royal Cornwall Hospital site are as follows:

Up to 2 hours	£2.40
2 – 4 hours	£4.80
4 – 6 hours	£7.20
6 – 24 hours	£12.10

Concessionary permits are available for long-term patients and visitors. The charges for these permits is as follows:

5-day	£15.83
7-day	£22.66
Monthly	£36.19

Park & Ride Service, Truro (RCH site only)

A Park & Ride service runs from Threemilestone, to the west of the Royal Cornwall Hospital. This service provides quick and easy access to the hospital site, dropping patients and visitors off on the main hospital driveway. Daily tickets cost £1.80 per passenger, with concessions for Cornwall resident senior citizen bus pass holders.

The Park & Ride service operates from Monday to Saturday. The first bus leaves the site at 7am and the last bus through the hospital back to the Park & Ride site is at 7.06pm. The buses run every 10 minutes during peak times and every 15 minutes at all other times.

For more information search: Park for Truro

Catering

Our catering service prides itself on, and has received national recognition for its use of locally produced and purchased produce. Our chefs take advantage of the wealth of fresh, high quality, seasonal produce available in Cornwall.

Our hospitals provide a range of dishes to choose from every day, changing daily on a 14-day cycle.

A number of dishes on our menu have been specifically designed for the NHS by a team of leading chefs working with Lloyd Grossman. The daily menu selections are designed so that patients may enjoy the opportunity to select variations for their meal choices as well as enabling them to plan meals in advance. A menu booklet is provided at each patient bedside.

Patients will be offered breakfast, lunch and evening meals, together with snacks during the day as well as regular hot and cold drinks.

To find out more about our use of local produce and our commitment to sustainable purchasing visit the Cornwall NHS Food Programme.

We are always looking to improve the
Teenagers and Young Adults in Cancer
service and *always* appreciate your
comments and suggestions.