



Consent



Consent means agreeing to something and making decisions about your health care treatment.

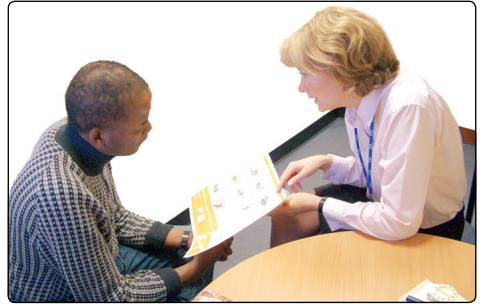
Respecting everyone
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Consent is where you say 'yes' to someone helping you, or offering treatment choices.



If you are **16 or over** you can give consent for yourself.

16+

When you come into hospital, members of staff may ask to examine you.



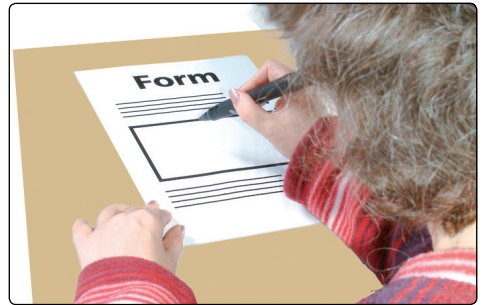
If you say 'yes' you have **consented** to be examined or treated.



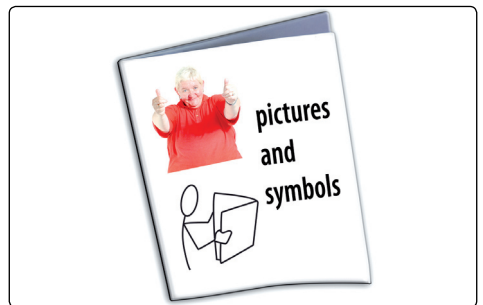
If you say 'no' you have **not consented** to be examined or treated.



Sometimes you will be asked to sign a form to say you consent to what is happening.



If you don't understand, ask for it in 'easy read' format or get your carer to explain what is happening.



You decide what you consent to.



Before you decide, make sure you know all the information and if you don't understand keep asking.



Checklist

What they are going to do

What it may feel like

Why it might be good for you

How will it make you better

What could go wrong



If you need support in making decisions, ask your family or carer.



If you need support in making decisions, talk to a friend about it.



If you don't have any family to support you in making decisions, ask for an IMCA.



An IMCA is an 'Independent Mental Capacity Advocate'. They will speak on your behalf.



People will be using the words '**lacks capacity**'. This means you are unable to understand information given, for you to make a decision.



A meeting will be held on your behalf called a 'best interest meeting'. Whereby decisions are made for you.



Remember - giving consent is up to you.



Notes



Queries



Contact details

University Hospitals Bristol Learning Disabilities Specialist Liaison Nurses

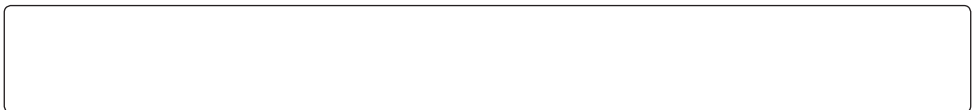
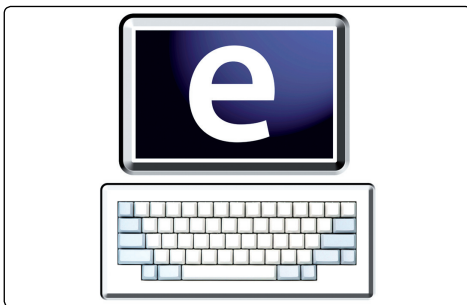
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**Please ring us on 0117 342 2113
or ask nursing staff to ring us.**



Mental Capacity Act (2005)
www.dh.gov.uk



For access to other patient leaflets and information please go to the following address:
www.uhbristol.nhs.uk/patients-visitors-and-carers/patient-information.html

Hospital Switchboard: 0117 923 0000
Minicom: 0117 934 9869
www.uhbristol.nhs.uk



For an Interpreter or Signer please contact the telephone number on your appointment letter.



For this leaflet in Large Print, Braille, Audio, or Email, please call the Patient Information Service:
0117 342 3728 / 3725

