



Being Discharged From Hospital



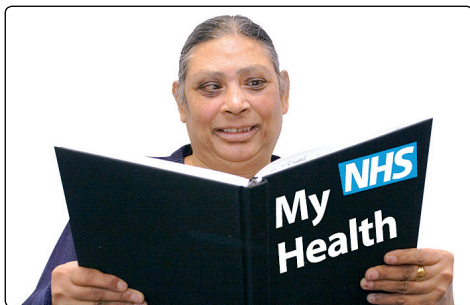
An easy read leaflet about what to expect when you leave hospital.

Respecting everyone
Embracing change
Recognising success
Working together
Our hospitals.



Above + Beyond 
For Patients. For Health. For Bristol.

This leaflet tells you what you need to know about your stay in hospital and what to do once you leave hospital.



You have been in hospital as you were unwell.



You are better now. Once your care needs have been met you can leave hospital.



People will be using the words '**discharge planning**'. This means they are preparing for you to go home, or to another care facility.



This means hospital staff will be asking you questions about your health and progress.



People will be using the word 'discharge'. This means you are well enough to leave hospital.



The team will discuss with you what your support needs are regarding discharge.



The team will talk to you about any changes in your health.



When you leave hospital you might need some of the following things...



Medication



Home support needs



Additional training for staff, carers and family



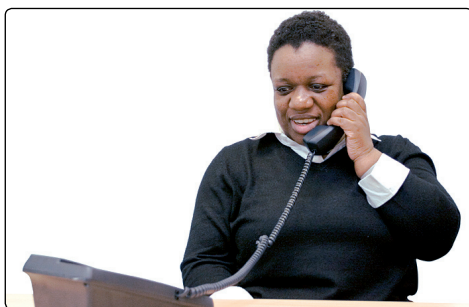
A follow up appointment at the hospital



A follow up appointment with your doctor (GP)



Referral to other agencies.



If you don't feel well once you've left hospital contact your doctor (GP), NHS Direct or the hospital. They will help you decide what to do.



Contact details

University Hospitals Bristol Learning Disabilities Specialist Liaison Nurses

Lorna Hayles

Lorna.Hayles@UHBristol.nhs.uk

Kate McDermott

Kate.Mcdermott@UHBristol.nhs.uk

**Please ring us on 0117 342 2113
or ask nursing staff to ring us.**



Notes



Queries



Mental Capacity Act (2005)
www.dh.gov.uk

Images used within this leaflet:

- © University Hospitals Bristol
- © Crown copyright 2012
- and © Copyright 2006 Photosymbols Ltd. All rights reserved



✓ **Patient Approved**

Please shred & recycle after use

For access to other patient leaflets and information please go to the following address:
www.uhbristol.nhs.uk/patients-visitors-and-carers/patient-information.html

Hospital Switchboard: 0117 923 0000

Minicom: 0117 934 9869

www.uhbristol.nhs.uk

For an Interpreter or Signer please contact the telephone number on your appointment letter.

For this leaflet in Large Print, Braille, Audio, or Email, please call the Patient Information Service: 0117 342 3728 / 3725

