



How And When To Take Your Medicine



An easy read leaflet about your medication.

Respecting everyone
Embracing change
Recognising success
Working together
Our hospitals.



Above + Beyond 
For Patients. For Health. For Bristol.

My name is

.....
.....



My medicine is called

.....
.....



How much I should take

.....
.....



I take my medicine at

.....
.....

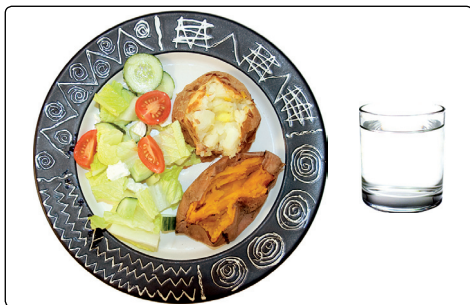


I take it **with** food

I take it **without** food

I take it **before** food

I take it **after** food



I keep my medicine

.....

.....



My Doctor's (GP) details

.....

.....



My Pharmacies details

.....

.....



Mental Capacity Act (2005)

www.dh.gov.uk

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✓ Patient Approved

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