

The story of Charlie and Freddie the nasogastric feeding tube



United Bristol Healthcare
Patient Information Service



NHS Trust

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Hello my name is Charlie.

Like you, my body needs food to make it go, just like
a car needs petrol.

Food gives you energy and helps you grow.



Written by Elaine Eastman - Play Specialist
and
Angelique Rushman - Senior Dietitian



I'm off to play with my friends now. If you have any questions your friends at the hospital will be able to help you.

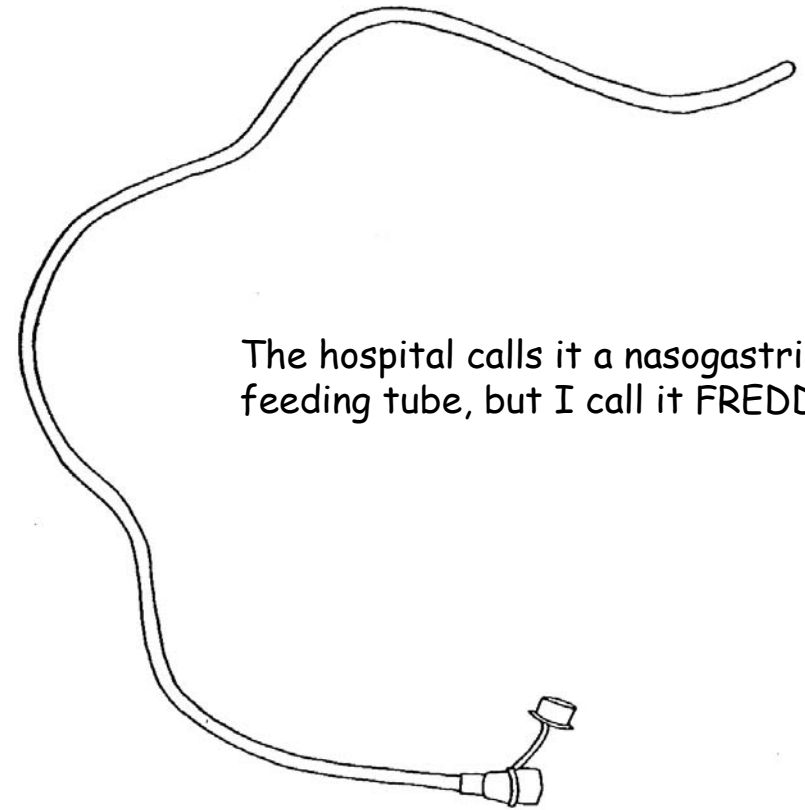
The food I swallow goes on a long journey, down my food pipe into my tummy.



When I am poorly I don't feel very hungry and meals take ages to eat.



Because I am not eating enough food I need to use a tube. The tube will take special milk right into my tummy to help me grow.



The hospital calls it a nasogastric feeding tube, but I call it FREDDIE!

Freddie goes into my nose, down my foodpipe and into my tummy. Freddie is small and feels smooth and bendy.