

MRSA Screening Policy and Protocol

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1. POLICY STATEMENT AND PURPOSE

University Hospitals Bristol NHS Foundation Trust will comply with national requirements, guidance and current best practice in MRSA screening processes. This document sets out the MRSA screening protocol for use in the University Hospitals Bristol NHS Foundation Trust. It is based on current national guidance and an assessment of local MRSA epidemiology, and will be revised accordingly to accommodate the national requirement for MRSA screening of all admissions by 2011. The document sets out the minimum screening requirements and does not preclude clinical judgement in screening for MRSA in patients not included in identified risk groups.

The principle objectives of screening for MRSA are:

- 1. To identify patients who are carriers¹ of MRSA
- 2. To subsequently manage the care of MRSA positive patients to reduce the risk of them developing infection
- 3. To reduce the risk of transmission of MRSA to other patients.

In addition to the overall protocol, guidance specific to individual areas of the Trust is given within this document.

2. UNIVERSITY HOSPITALS BRISTOL NHS FOUNDATION TRUST MRSA SCREENING CRITERIA

Group	Rationale
 All adult in-patient elective pre- operative surgery (BRI, St Michael's, BEH) including day surgery with the exceptions of: ▷ Day case ophthalmology ▷ Day case dental ▷ Day case endoscopy ▷ Minor dermatological procedures ▷ Termination of pregnancy 	Covers all high risk groups and surgical patients who are at greatest risk from MRSA infection. National requirement
All patients admitted to ICUs and HDUs (including Cardiac ICU,HDU, Paediatric ICU, Neonatal ICU, Respiratory High Care, Hepatology High Care) with weekly ongoing screening	Covers all areas of the Trust where patients are at high risk from MRSA infection
All adult and paediatric patients pre- Oncology/BMT/Haematology and on 6 th attendance as outpatient treatment All patients admitted to wards 61 and 62	Covers high risk groups, particularly those that could have long-term intravenous lines
All emergency adult trauma patients	Protects elective surgical orthopaedic patients
All planned admissions to Ward 37 (BRCH) and all children commenced on a dialysis programme	Covers a high risk group.
All paediatric surgical high risk patients	Covers paediatric surgery with greatest

¹ A patient who is an MRSA carrier has the bacterium present on their body but does not have any signs or symptoms of infection.

	risk of MRSA. In line with adult policy
	and with current UBHT policy
Paediatric patients starting home	Group at high risk of acquiring MRSA
ventilation	colonisation
Previous MRSA positive patients	High risk group for bacteraemia and
	transmission to other patients
Patients transferred from other hospitals	Identifies patients who may have become
and from abroad	colonised/infected prior to UBHT
Emergency oversignland modical patients	admission
Emergency surgical and medical patients who have been in-patients within the last 6	Identifies most patients who will be at highest risk of MRSA carriage
months	nighest lisk of MIXSA carnage
Emergency medical and surgical	Identifies most patients who will be at
patients:	highest risk of MRSA carriage
From Nursing and Care Homes	
who have risk factors of wounds or	
an indwelling device (e.g. urinary	
catheter)	
> Who are Healthcare Workers	
Who are intravenous drug users	
Obstetric patients:	Identifies those patients most likely to be
Whose babies are likely to need	at highest risk of MRSA carriage or at risk from MRSA infection on local risk
neonatal surgery or be in Neonatal ICU	assessment
 Intravenous drug users 	assessment
Patients transferred between hospitals	Identifies those patients most likely to be
within UHBristol (e.g.BRI to BGH or BRI	at highest risk of MRSA carriage or at
to St Michaels)	risk from MRSA infection on local risk
	assessment
All 'Long stay patients'	Identifies those patients most likely to be
All patients who have been in-	at highest risk of MRSA carriage or at
patients for over 30 days must have	risk from MRSA infection on local risk
a full screen if they have not been	assessment
screened for other reasons. This	
should be repeated every 30 days	
whilst they remain inpatients	

3. MANAGEMENT OF MRSA SCREENING PROCESS

3.1 Adult Surgical Patients

Timing of	Elective surgical patients
screens	Patients will normally be screened for MRSA at pre- operative assessment clinic.
	If the pre-operative assessment takes place more than 2 weeks before surgery the MRSA screen can be taken but patients who have screened negative for MRSA are to be contacted 2 weeks before surgery by the to review risk for MRSA.
	 For patients undergoing elective surgery who are not attending pre-operative assessment clinic an MRSA screen 2 weeks prior to surgery is to be arranged via the

	 local primary care team. Patients who are transferred directly from other in-patient providers for elective surgery are to be screened on transfer into UHBristol facilities. The transferring facility is also requested to undertake an MRSA screen when the request to transfer is made. Patients undergoing elective fast track surgery are to be screened at the point of decision to admit. Emergency surgical patients Patients will be screened on decision to admit in the Emergency Department or in the Surgical/Trauma admission Unit. Elective Cardiology patients
	 Patients will be screened in pre-operative assessment clinic
	 Elective Cardiac Surgery patients From June 1st 2009 patients will be screened in pre- operative assessment clinic Until 1st June 2009 patients will be screened on admission
	and will be commenced on topical treatment as prophylaxis until swab results are known
	 'Treat and return' Cardiology patients A screen will be requested from the hospital at which the patient is currently resident at the point the referral is made
Results checking	Primary responsibility for checking results and informing
	 patients is with the Clinical Team Nurses/Doctors The Infection Control Nurses will contact the current/most recent ward/department where a patient is located when they become aware of a new MRSA positive patient A monthly report of all MRSA positive patients will be produced by the Infection Control Team and sent to the relevant Matron/Head of Nursing for cross checking of results
Positive results	Elective Surgical Patients
	 Inform patient & provide information leaflet If appropriate patient to commence UHBristol decolonization/suppression therapy Decolonisation/suppresion therapy should be timed to ensure surgery is performed on Day 5 of treatment Patient can collect treatment pack from pharmacy or fax protocol to GP Theatres are to be informed of MRSA positive patient surgery date
	 Emergency Surgical Patients Current patients will be managed in accordance with the UHBristol MRSA Care Pathway (adults) For patients who have been discharged and are not currently receiving ongoing hospital care it is the responsibility of the clinical team to inform the patient and/or the patients General Practitioner and to ensure the result is recorded in an appropriate place

3.2 Adult Medical Patients

Timing of	Elective medical patients	
screens	 Patients admitted for elective medical procedures (e.g. Cystic Fibrosis patients; gastrointestinal patients) are to be screened on admission. 	
	Emergency Medical patients	
	Patients will be screened on decision to admit in the	
	Emergency Department or in the Medical Admissions Unit.	
	Where patients are admitted directly to wards (e.g. Ward	
	17 or to isolation cubicles) a screen will be taken within 24	
	hours of admission	
Deculto checking	Patients admitted to Ward 11 Description:	
Results checking	Primary responsibility for checking results and informing	
	 patients is with the Clinical Team Nurses/Doctors The Infection Control Nurses will contact the current/most 	
	recent ward/department where a patient is located when	
	they become aware of a new MRSA positive patient	
	 A monthly report of all MRSA positive patients will be 	
	produced by the Infection Control Team and sent to the	
	relevant Matron/Head of Nursing for cross checking of	
	results	
Positive results	Current patients will be managed in accordance with the	
	UHBristol MRSA Care Pathway (adults)	
	For patients who have been discharged and are not currently	
	receiving ongoing hospital care it is the responsibility of the	
	clinical team to inform the patient and/or the patients General	
	Practitioner and to ensure the result is recorded in an	
	appropriate place	

3.3 Womens' Services

Timing of	Maternity patients
screens	 All transfers from other hospitals will be screened on admission
	 All women with/or likely to have babies admitted to the Neonatal Intensive Care Unit are to be screened on admission
	Women booked for surgery will be screened at the section clerking clinic in antenatal clinic
	Emergency caesarean section patients will be offered screening and the screen will be performed within 24 hours of decision to operate
	 All women who use intravenous recreational drugs will be screened at first face-to-face contact with
	 Midwifery/Obstetric services and at 36 weeks of gestation Women with a previous history of MRSA will be screened on any inpatient admission and at 36 weeks of gestation

	Gynaecology patients
	Gynaecology major cases will be screened in pre-
	operative assessment
	Gynaecology minor cases will be screened in outpatient
	clinic at point of decision to admit
	Urgent referrals from Early Pregnancy Clinic will be
	screened at the point of decision to admit
	Admissions booked via Pregnancy Advisory Clinic will be
	assessed for risk of MRSA at point of booking and will be
	screened at this clinic if they are within a risk group
Results checking	Primary responsibility for checking results and informing
Results checking	
	patients is with the Clinical Team Nurses/Midwives/Doctors
	If swab taken in antenatal period swab result should be
	checked at next visit/admission
	On admission for caesarean section. A positive result will
	not delay surgery
	In cases where women are transferred, or baby is on
	NICU swab result to be checked on post natal ward
	Pre-assessment and gynaecology clinic will be
	responsible for checking results of screens taken
	> Screens taken at Pregnancy Advisory Clinic and Early
	Pregnancy Clinic will be checked with other results prior to
	admission
	 The Infection Control Nurses will contact the current/most
	recent ward/department where a patient is located when
	they become aware of a new MRSA positive patient
	> A monthly report of all MRSA positive patients will be
	produced by the Infection Control Team and sent to the
	relevant Matron/Head of Nursing for cross checking of
	results
Positive results	If result is positive following delivery inform the ward and
	NICU (if baby on NICU) of the positive maternal result
	> Mother can visit baby on NICU. Mother should ensure
	good personal hygiene, clean hands and wear clean
	clothing. She should not have contact with other babies on
	NICU
	Mother will be treated. Baby will only be treated if there is
	a clinical need
	 On ward, if mother is MRSA positive, mother and baby will
	need to be in a single room. Whenever possible the baby
	needs to stay with its mother in the room. If there is a
	need for the baby to go to the mother and baby room then
	the baby will have to be nursed with apron and gloves.
	> If the result is obtained after mother and baby are
	discharged the result will need to be conveyed to the
	community midwife. The GP will need to be informed and
	decide whether to treat.
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3.4 Bristol Haematology and Oncology Centre

Timing of		All in-patient admissions to ward 61 and ward 62 will be screened on arrival
screens	A	All patients undergoing treatment on ward 62 will be on admission to the programme and at every 6 th attendance

	All patients undergoing treatment in Chemotherapy Day
	Unit will be screened on admission to the programme and
	 at a regular interval whilst on the programme All patient remaining as in-patients for long periods will be
	screened every 30 days
Results checking	Primary responsibility for checking results and informing
	patients is with the Clinical Team Nurses/Doctors
	The Infection Control Nurses will contact the current/most
	recent ward/department where a patient is located when
	they become aware of a new MRSA positive patient
	A monthly report of all MRSA positive patients will be
	produced by the Infection Control Team and sent to the
	relevant Matron/Head of Nursing for cross checking of
	results
Positive results	Current patients will be managed in accordance with the
	UHBristol MRSA Care Pathway (adults)
	For patients who have been discharged and are not
	currently receiving ongoing hospital care it is the
	responsibility of the clinical team to inform the patient
	and/or the patients General Practitioner and to ensure the
	result is recorded in an appropriate place

3.5 Bristol Royal Hospital for Children

Timing of	Elective surgical patients
screens	 Flective surgical patients The surgeon responsible for care will take the decision as to whether the child or surgery is within a risk group. The following are considered to risk groups: Cardiac surgery Orthopaedic surgery Vascular surgery Neurological surgery Any other implant surgery Children who have received regular in-patient
	care
	 Children who have been in-patients within the
	last six months
	 Children who have long term invasive devices
	Renal patients
	All children transferred into the renal unit from other has nited will be corrected on administration
	hospitals will be screened on admission
	Patients for deceased donor transplant will be screened on arrival to the ward
	Planned admissions for living donor transplantation or for dialysis access procedures will be screened between two and four weeks prior to the procedure
	Patients on dialysis will be screened three monthly
	Bone Marrow Transplantation
	All patients will be screened on admission to the Unit
	Patients will be screened monthly whilst they remain as inpatients
	 Patients will be screened monthly whilst receiving active day case treatment

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	Baby/child starting home ventilation
	Screen to be taken at point of decision for home
	ventilation
	If baby/child remains an inpatient the above procedures
	for ongoing screening are to be followed
Results checking	Primary responsibility for checking results and informing
	patients is with the Clinical Team Nurses/Doctors
	> The Infection Control Nurses will contact the current/most
	recent ward/department where a patient is located when
	they become aware of a new MRSA positive patient
	> A monthly report of all MRSA positive patients will be
	produced by the Infection Control Team and sent to the
	relevant Matron/Head of Nursing for cross checking of
	results
Positive results	Current in-patients will be managed in accordance with
	the relevant Adult or Child MRSA Care Pathway
	For patients who have been discharged and are not
	currently receiving ongoing hospital care it is the
	responsibility of the clinical team to inform the patient
	and/or the patients General Practitioner and to ensure the
	result is recorded in an appropriate place
	Elective surgical patients
	> The admitting surgeon is responsible for ensuring the child
	receives appropriate decolonisation/suppression therapy
	prior to surgery
	Decolonisation/suppression therapy will be dispensed
	either via pharmacy or will be arranged via the child's
	General Practitioner
	> Decolonisation/suppression therapy should be timed to
	ensure surgery is performed on Day 5 of treatment
	> Theatres are to be informed of MRSA positive patients
	surgery date
	· · · ·
3.6	Intensive Care/High Dependency areas (Adult ITU/HDU;
	Cardiac ITU/HDU; Paediatric ITU; Neonatal ITU;
	Respiratory High Care [Ward 10A]; Hepatology High Care
	[Ward 11 bleed beds])
Timing of	Elective surgical patients will be screened as per the
screens	relevant protocol above

Timing of screens	 Elective surgical patients will be screened as per the relevant protocol above All other admissions will be screened on admission to the Unit A weekly screen of all patients on each Unit will also be undertaken
Results checking	 Primary responsibility for checking results and informing patients is with the Clinical Team Nurses/Doctors The Infection Control Nurses will contact the current/most recent ward/department where a patient is located when they become aware of a new MRSA positive patient A monthly report of all MRSA positive patients will be produced by the Infection Control Team and sent to the relevant Matron/Head of Nursing for cross checking of results
Positive results	Patients will be managed in accordance with the relevant

Adult or Child MRSA Care Pathway Patients will be isolated in a single room unless otherwise agreed with the Infection Control Team For patients who have been discharged and are not currently receiving ongoing hospital care it is the
responsibility of the clinical team to inform the patient and/or the patients General Practitioner and to ensure the result is recorded in an appropriate place

4. GOVERNANCE AND ASSURANCE

Compliance with the screening policy will be monitored at both local and Trust-wide level.

- A correlation of the number of MRSA screens processed by the Microbiology Laboratory and the number of relevant elective admissions will be undertaken by the Performance Information Team monthly. These results will be reviewed by the Trust Operational Group and will be reported to the Trust Board, the Commissioning Primary Care Trust on a monthly basis and to Monitor as required.
- The percentage of patients who underwent an MRSA screen (for elective and emergency cases) by Ward/Department on day of admission or day subsequent to admission will be collated on a monthly basis by the Performance Information Team. These results will be reviewed by Divisions quarterly.
- An observational audit of compliance to screening of elective patients will be undertaken a minimum of quarterly by the Divisions. The minimum requirements for this audit are either:
 - o All cases through a pre-operative assessment clinic in a given day

or

• A minimum of 10 patients in an individual ward or department These results will be reviewed by the Infection Control Committee and will be reported to Trust Board as appropriate (minimum of inclusion in Annual Report).

An observational audit of compliance in other areas will be undertaken at least annually as part of the infection control audit programme. These results will be reviewed by the Infection Control Committee and will be reported to Trust Board as appropriate (minimum of inclusion in Annual Report).

5. References and Bibliography

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What is MRSA?

MRSA stands for Meticillin-resistant Staphylococcus aureus.

Staphylococcus aureus is a common germ found in the nose and on the skin of healthy people and usually causes no harm. Around 1 in 3 of people carry the germ and most people would not know that they had it. It can cause boils and abscesses, which are easily treated.

MRSA is a type of **Staphylococcus aureus**, which is resistant to meticillin (a type of penicillin). It is also resistant to some of the antibiotics commonly used to treat these infections. However, there are still some antibiotics available to treat MRSA. Like **Staphylococcus aureus** most people with MRSA would not know if they were carrying it.

MRSA was first identified in hospital but it also affects people in nursing and residential homes and in the general community. It tends to cause most problems for vulnerable and sick people in hospital. As older people are more often in hospital they are more likely to be affected. Ethnic origin and gender make no difference.

How can I find out more about MRSA?

- Discuss with the staff who take your nose swab or who are caring for you.
- Read the UBHT leaflet: 'MRSA Your Questions Answered'.
- Access the NHS Direct website and you can find information about MRSA www.nhsdirect.nhs.uk
- Access the Health Protection Agency leaflet 'MRSA -Information for patients in hospital'.

Available from the Health Protection Agency website www.hpa.org.uk

> The UH Bristol Infection Control Team Bristol Royal Infirmary 0117 342 3868 Bleep 3543

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Will it affect my hospital care?

If you are carrying MRSA and are admitted to hospital, or are already in hospital we will ensure that special precautions are taken around your bed space (e.g. wearing of gloves and aprons for personal care). This is to keep you and other patients safe. You should have clean bed linen, towel and clothes every day. In some instances we may ask you to be placed in a side room.

How does MRSA spread?

MRSA is mainly spread via hands which is why we ask all patients, staff and visitors to wash their hands or use the alcohol gel. It can also be spread by contaminated equipment or surfaces.

Why am I being screened?

All hospitals are working to reduce their infection rates, including MRSA. As part of this the Department of Health have advised NHS Trusts to increase their level of MRSA screening. If we can find out who is carrying MRSA before they come into hospital, or as early as possible during their admission then we can treat them to prevent their MRSA developing into an infection or spreading to other people.

How will I be screened?

We use a swab like a cotton wool bud and take a sample from the inside of your nose. This is painless. The swab is sent to the laboratory and the results are usually available after 2 days. Please ask the person taking your swab how you will get the results. We will contact you only if you are found to be carrying MRSA. Staff want to take swabs from different sites – why?

If people have wounds or certain skin conditions we will usually ask if we can take swabs from these areas as well as the nose. Sometimes we will ask for a specimen of urine if someone has a urinary catheter, or a specimen of sputum if you have a chesty cough, or a swab from around any device that goes into the skin.

Can I refuse to have MRSA swabs taken?

Yes. But if you are carrying MRSA and we are able to treat you before you have an operation or another procedure, it is likely that you will make a better recovery and reduce the chances of other patients becoming infected with MRSA.

Obviously we can only help address MRSA infections if people consent to be screened and we do hope that you will agree with the request for a nose swab, and possibly other swabs, to be taken.

What happens if I have had MRSA before?

This should be written in your notes but it is important that you inform a member of staff as soon as possible. We will take swabs as previously described.

What happens if my swabs show that I have MRSA?

I had a swab taken at pre-operative assessment and I'm waiting to come in:

If your nose swab indicates that you have MRSA (are positive to MRSA), you will be contacted at home and prescribed an antibiotic cream for your nose and an antiseptic body wash. These are simple to apply and should be applied for five days. You can collect this treatment from the hospital or ask your GP. Full instructions will be provided.

If you are found to be carrying MRSA try not to worry. It is only a risk to others if they are expecting to have an operation in the near future. Every effort will be made to ensure that any operation or procedure is not delayed because of a positive result. If there is a delay it is for your safety.

I'm in hospital:

A member of staff will inform you of the result and treatments will be prescribed for you. If you have any questions discuss them with the staff and ask for the UBHT leaflet, MRSA 'Your Questions Answered'.

I'm pregnant /have just had a baby:

If you are positive to MRSA and you are about to have a baby, or have just had one, you are likely to be very worried about passing MRSA on to the baby. It is possible that the MRSA will be transferred to the baby's skin but with good hygiene, thorough hand washing, care changing nappies/ clothes and using the treatment prescribed for you, it is unlikely that the baby will develop an MRSA infection. It is important to keep close contact with your baby for his/ her development.

Available on UHBT Document Management System (DMS) http://nww.avon.nhs.uk/dms/download.aspx?did=6735 5

Appendix 2

Procedures for an MRSA screen

Sampling sites

Sampling sites			1	1		1	1	1		
	Nose (L&R)	Groin (L& R)	Unhealed/Infected Wounds	Skin lesions	Umbilicus (neonates)	Urine if catheterised	Sputum if productive cough	Peg/Stoma site if signs of infection	Line sites that have signs of infection	Dialysis line sites (where appropriate)
Paediatric emergency admissions not known to be MRSA positive	\checkmark				V					
Paediatric emergency patients known to be MRSA positive	V	\checkmark	V	V	V	V	V	\checkmark	\checkmark	
Paediatric patients Critical Care areas (PICU, NICU, BMT, Renal) admission, weekly and clearance screens	V	V	V	V	V	V	V	\checkmark	V	V
Paediatric patients in hospital more than 30 days						\checkmark				
Paediatric patients MRSA positive clearance screens Paediatric patients on home ventilation on admission to hospital		V	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	
		V	V	V	V	V	V	V	V	V
Paediatric renal patients monthly screening		\checkmark								\checkmark
Adult emergency admissions not known to be MRSA positive										
Adult emergency admissions known to be MRSA positive		V	V	V		V	V	\checkmark	\checkmark	
Adult elective admissions Adult patients Critical Care Areas admission, weekly and clearance screens		V	V	1		1	1	\checkmark	V	V
Adult patients in hospital more than 30 days	V	,		,		V				
Adult patients MRSA positive clearance screens	\checkmark	\checkmark	\checkmark	\checkmark		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

Procedure for obtaining samples

- Explain rationale to carer/patient
- Provide them with UHBristol Patient Information Leaflet: 'Information for patients being screened for MRSA' available on the Document Management System (DMS).

- Complete the specimen forms accurately include details of any relevant clinical information and any current antibiotic treatment
- Document/date what has been done in the patient's notes/care pathway
- Ensure that someone is designated to check the results on VPLS after two days and then act on any positive results – topical treatment started promptly, patient placed on MRSA Care Pathway (there is one for Paeds & Neonates, and one for Adults – both on DMS).

Screening specifics:

- **Nose:** Using sterile saline moistened swab obtain sample from both anterior nares and send for MC&S (Microscopy, culture and sensitivities) MRSA screen; you can use one swab to do both nares.
- **Groin:** Using sterile saline moistened swab obtain sample from right and left groin area. You can use one swab to do both sides.
- **Umbilicus:** Using sterile saline moistened swab obtain sample from base of umbilical stump.
- IV Cannulae/Central lines/Dialysis lines/PEG/Stoma/Wound sites: Do not remove dressings if there are no clinical signs of infection